

SYMPOSIUM SCHEDULE*



Sunday, May 14

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
1:15 PM – 2:15 PM (1.0 credit)	Ethics for All in a Sometimes-Unethical World in 2023	Dianne Polly, JD, MS, RDN, LDN	Regency
2:30 PM – 4:00 PM (1.5 credits)	Zero to 100 <i>Becoming a Powerhouse in Public Speaking</i>	Wendy Bazilian, DrPH, MA, RD, ACSM-EP and Jen Nguyen, RD, CDN, NASM-CPT	Regency
4:15 PM – 5:15 PM (1.0 credit)	What Should the RDN Do for the 96 Million Americans With Prediabetes?	Jill Weisenberger, MS, RD, CDCES, CHWC, FAND	Regency
5:45 PM	Keynote and Dinner	Amy Cohn, RD, CDM, CFPP; JC Lippold, MAL, RYT; and Jessica Broome, PhD	Regency

Monday, May 15

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
6:30 AM – 7:30 AM	Morning Fitness: Walk/Run		Hotel Entrance
8:15 AM – 9:30 AM	Breakfast Presentations		Scarborough/Regency**
9:45 AM – 10:45 AM (1.0 credit)	Navigating Food Fears and Disordered Eating in GI Conditions	Kate Scarlata, MPH, RD, LDN	Scarborough
	TikTok Made Me Eat It <i>How RDNs Can Empower Consumers to Eat Better by Creating Short Videos on TikTok and Instagram</i>	Rosanne Rust, MS, RD, and Liz Weiss, MS, RD	Regency
11:00 AM – 12:00 PM (1.0 credit)	Starting A Side Hustle <i>Opportunities and First Steps</i>	Katie Dodd, MS, RD, CSG, LD, FAND	Scarborough
	Sustainable Traditions: Food, Health, Culture <i>The Immigrant Experience</i>	Vandana Sheth, RD, CDCES, FAND	Regency
12:00 PM – 1:30 PM	Lunch Presentations		Scarborough/Regency**
1:45 PM – 3:45 PM (1.5 credits)	Exhibit Hall		Harborside
3:45 PM – 4:45 PM (1.0 credit)	Recipe Editing 101 <i>The Why and How to Perfecting a Recipe Before Publishing</i>	Regan Jones, RD, ACSM-CPT	Scarborough
	The Female (and Male) Athlete Triad <i>Updates, Nutrition Implications, and Screening Tools to Prevent Low BMD</i>	Kim Schwabenbauer, PhD, MS, RD, CSSD	Regency

Tuesday, May 16

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
6:30 AM – 7:30 AM	Morning Fitness: Yoga Flow		Verelst
8:15 AM – 9:30 AM	Breakfast Presentations		Scarborough/Regency**
9:45 AM – 10:45 AM (1.0 credit)	Dietitians to the Rescue <i>Translating Complex High-Quality Research Into Simple Messages to Combat Nutrition Quackery</i>	Taylor Wallace, PhD, CFS, FACN	Scarborough
	40 Years of the American Institute for Cancer Research (AICR) <i>What It Means for Dietitians</i>	Karen Collins, MS, RDN, CDN, FAND	Regency
10:45 AM – 12:45 PM (1.5 credits)	Exhibit Hall		Harborside
12:45 PM – 2:15 PM	Lunch Presentations		Scarborough/Regency**
2:30 PM – 3:30 PM (1.0 credit)	From Allergies to Ethics <i>Using Public Partners to Help Clients Meet Nutrition Needs Outside Their Own Kitchen</i>	Lauren Harris-Pincus, MS, RD	Scarborough
	Incorporating the Future of Nutrition Into Your Practice <i>Nutrigenomics</i>	Mascha Davis, MPH, RD, and Ginger Hultin, MS, RD, CSO	Regency
3:45 PM – 4:45 PM (1.0 credit)	Reduced Carb Diets and Disease Risk Reduction: <i>How Low Do You Go?</i>	Kristin Kirkpatrick, MS, RD	Scarborough
	Using Our Nutrition “SciVantage” in Today’s Food Conversation	Jaime Schwartz Cohen, MS, RD	Regency
5:00 PM – 6:30 PM	Happy Hour		Riverwalk Entrance Harborside

Wednesday, May 17

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
8:15 AM – 9:30 AM	Breakfast Presentation		Regency
9:45 AM – 10:45 AM (1.0 credit)	The 5-Flavored Case for Food as Medicine	David Katz, MD, MPH, FACPM, FACP, FACLM	Regency
11:00 AM – 12:00 PM (1.0 credit)	Ask the Expert <i>A Year in Review and a Look Ahead</i>	Toby Amidor, MS, RD, CDN, FAND	Regency

* All times shown are Eastern Daylight Time. Presenters and agenda timing are subject to change.

** Check your meal presentation tickets for your location.