

SPECIAL EVENTS



Sunday, May 14

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM	SPONSOR
11:00 AM – 1:00 PM (2.0 credits)	WORKSHOP Ask the Expert* <i>Responding Responsibly to Media Queries</i>	Toby Amidor, MS, RD, CDN, FAND	Regency	National Dairy Council
5:45 PM (2.0 credits)	KEYNOTE AND DINNER Empowerment or Shame?* <i>How Are Biases Shaping the Way RDNs Communicate About Nutrition?</i>	Jessica Broome, PhD ; JC Lippold, MAL, RYT; Amy Cohn, RD, CDM, CFPP	Regency	General Mills

Monday, May 15

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM	SPONSOR
6:30 AM – 7:30 AM	MORNING FITNESS Carlson's Vitamin D-Dash	Frisline Saintoiry, MA; Mary Medina; Colleen Higgins	Outside Front Entrance of Hotel	Carlson Labs
8:15 AM – 9:30 AM (1.0 credit)	BREAKFAST PRESENTATION Affordable Nutrition <i>How food prices impact food insecurity and how to leverage grocery stores to shop healthy on a budget</i>	Craig Gundersen, PhD; Lorena Kaplen, RDN, LDN	Regency	General Mills Bell Institute of Health & Nutrition
8:15 AM – 9:30 AM (1.0 credit)	BREAKFAST PRESENTATION A Closer Look at Low- and No-Calorie Sweeteners <i>Safety, Efficacy, and Implementation</i>	Holly Moran, MS, RD, LD, CDCES; Neil Skolnik, MD	Scarborough	Splenda
12:00 PM – 1:30 PM (1.0 credit)	LUNCH PRESENTATION Not all Plant-Based Diets Are Created Equal <i>Practical Ways to Help Clients and Patients Replace Processed Plant Foods With Whole Plant Foods</i>	Cynthia Sass, MPH, MA, RD, CSSD	Scarborough	American Pistachio Growers
12:00 PM – 1:30 PM (1.0 credit)	LUNCH PRESENTATION Prebiotics and Gut Microbiota <i>Establishing a Healthy Trajectory From Early Life to Adulthood</i>	Dr. Raylene Reimer	Regency	BENEO-Institute
4:45 PM – 5:15 PM	MOCKTAIL HAPPY HOUR Putting the "Happy" in "Happy Hour"		Verelst	Bayer and the Watermelon Board
5:00 PM – 6:30 PM	Savoring Savannah With American Pecans*		Garden Terrace	American Pecan Council

Tuesday, May 16

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM	SPONSOR
6:30 AM – 7:30 AM	MORNING FITNESS Hub Yoga Flow	Dessie Daniell	Verelst	Lifeway Foods
8:15 AM – 9:30 AM (1.0 credit)	BREAKFAST PRESENTATION Sustainable Behavior Changes for Cardiovascular Health <i>Navigating Client Recommendations in a Socially Influenced Society</i>	Wendy Bazilian, DrPH, MA, RDN, ACSM-EP	Scarborough	Fresh Avocados – Love One Today®
8:15 AM – 9:30 AM (1.0 credit)	BREAKFAST PRESENTATION Building your Ag IQ <i>What Farmers Wish You Knew About Healthy, Sustainable Diets</i>	Marianne Smith Edge, MS, RD, LD, FAND; Lauren Twigge, MCN, RD, LD; Jason Sawyer, PhD	Regency	National Cattleman's Beef Association (NCBA)
12:45 PM – 2:15 PM (1.0 credit)	LUNCH PRESENTATION Nourishing the First 1000 Days <i>Dairy and Baby's Brain Development</i>	Elizabeth Zmuda, DO, FAAP, FACOP; Sun Young Lee, MD, MSC; Marina Chaparro, RD, CDE, MPH	Regency	National Dairy Council (NDC)
12:45 PM – 2:15 PM (1.0 credit)	LUNCH PRESENTATION Good to the Bone <i>The Intersection of Inflammation, Bone Health, and a Daily Handful of California Prunes</i>	Connie Rogers, PhD, MPH; Lauren Manaker, MS, RDN, LC, CLEC, CPT	Scarborough	California Prunes
2:30 PM – 5:30 PM	Bee Garden Tour*		Off-Site Activity	National Honey Board
5:00 PM – 6:30 PM	Happy Hour		Harborside-Riverwalk Entrance	Regular Girl and WellVine

Wednesday, May 17

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM	SPONSOR
8:15 AM – 9:30 AM (1.0 credit)	BREAKFAST PRESENTATION Today's Food Conversation <i>What Messages Should We Be Communicating About Strawberries?</i>	Amy Myrdal Miller MS, RDN, FAND	Regency	California Strawberry Commission

www.TodaysDietitian.com/SS23

All times shown are Eastern Daylight Time. Presenters and agenda timing are subject to change.

* Limited seating available. Registration required and accepted attendees will be notified prior to the event.