

SYMPOSIUM SCHEDULE*

Sunday, May 16

TIME	SESSION	PRESENTER
2:00 PM – 2:15 PM	Welcoming Remarks	
2:15 PM – 3:15 PM (1 credit)	Weight Management ≠ Weight Bias	Connie Diekman, M.Ed., RD, CSSD, LD, FADA, FAND
3:30 PM – 4:30 PM (1 credit)	The Role of Nutrients in the Prevention and Treatment of Infectious Diseases in Aging Adults	Christine Rosenbloom, PhD, RD, LD, FAND

Monday, May 17

TIME	SESSION	PRESENTER
8:00 AM – 9:00 AM	MORNING FITNESS Invigorating Yoga <i>Sponsored by American Pecan Council</i>	Keri Gans, MS, RDN, CDN
9:30 AM – 10:30 AM (1 credit)	Food Dignity* <i>Challenge the Stigma, Change the Culture</i>	Clancy Cash Harrison, MS, RD, FAND
10:45 AM – 11:45 AM (1 credit)	Telehealth and Diabetes Education <i>A Guide to Understanding and Incorporating the New Guidelines into Your Practice</i>	Susan Weiner, MS, RDN, CDN, CDES, FADCES
12:00 PM – 1:00 PM (1 credit)	EDUCATIONAL BREAK Give Real Maple a Turn <i>The Science Behind Pure Maple Syrup and Why It Should Be a Pantry Staple for an Active Lifestyle</i>	Navindra Seeram, PhD; Jonathan Tremblay, PhD
1:30 PM – 2:30 PM (1 credit)	Humanizing Nutrition <i>Unveiling the Digital Curtain</i>	Mandy Enright, MS, RDN, RYT; Yvette Perrier Quantz, RDN, CSSD, LDN
2:45 PM – 3:45 PM (1 credit)	Group Practice Time <i>Knowing When You Should Grow to the Next Level</i>	Adrien Paczosa, RD, LD, CEDRD-S
4:30 PM – 6:00 PM	Mix(o)logy and Mingle <i>Join Ginger Hultin, MS, RDN, while she creates a bloody mary & mocktails, while mixing it up with Carlson products. Everyone wins a prize. Mix and Mingle with your colleagues and Carlson educators.</i>	Ginger Hultin, MS, RDN

Tuesday, May 18

TIME	SESSION	PRESENTER
8:00 AM – 9:00 AM	MORNING FITNESS Bootcamp Fitness <i>Sponsored by BENE0 - Institute</i>	Tazz Tucker, NASM Certified Personal Trainer
9:30 AM – 10:30 AM (1 credit)	Sports Nutrition <i>Considerations for Counseling Today's Athletes</i>	Nancy Clark, MS, RD, CSSD
10:45 AM – 11:45 AM (1 credit)	Cultural Humility in Nutrition and Dietetics	Denine Rogers, MS, RDN, LD, FAND
12:00 PM – 1:00 PM (1 credit)	Sarcopenia <i>Strategies for Prevention and Treatment</i>	Sharon Collison, MS, RDN, LDN, CSSD
1:30 PM – 2:30 PM (1 credit)	What is the ME in Mentoring?	Karen Beathard, MS, RD, LD, FAND; Kristen Hicks-Roof, PhD, RDN, LDN, CLC, FAND
3:00 PM – 3:30 PM	Cutting Carbs & Boosting Nutrition <i>Appetizer and Mocktail Demo</i>	Joy Bauer, MS, RDN, CDN
3:45 PM – 4:45 PM (1 credit)	Diet and Colorectal Cancer <i>Addressing Nutrition Therapy in Early-Onset Survivors</i>	Cyndi Thomson, PhD, RDN, FTOS, FAND
5:30 PM – 7:00 PM	Half Truth Trivia	

Wednesday, May 19

TIME	SESSION	PRESENTER
8:00 AM – 9:00 AM	MORNING FITNESS Boxing Fit	Harrison Ridall
9:30 AM – 10:30 AM (1 credit)	Nutrition and Recommendations for Non-Alcoholic Fatty Liver Disease (NAFLD)	Naim Alkhoury, MD
10:45 AM – 11:45 AM (1 credit)	Ask the Expert <i>A Year in Review and A Look Ahead</i>	Toby Amidor, MS, RD, CDN, FAND
12:00 PM – 1:00 PM (1 credit)	ABCs for Successful Dietetics Careers in Agriculture, Business, and Communications	Carol Sloan, RDN, FAND

*All times shown are Eastern Daylight Time. Presenters and agenda timing are subject to change.