

SYMPOSIUM SCHEDULE



Sunday, May 17

TIME	SESSION	PRESENTER
12:30 PM – 4 PM (3 credits)	WORKSHOP State of the Art Therapeutic Treatments for IBS Patients <i>Understanding the Role of the Gastroenterologist, Dietitian, and GI Psychologist</i>	William Chey, MD, AGAF, FACG, FACP; Megan Riehl, PsyD; and Kate Scarlata, MPH, RDN, LDN
1:00 PM – 2 PM (1 credit)	It's My Decision <i>Using Motivational Interviewing and Shared Decision Making to Improve Health Outcomes</i>	Eileen Myers, MPH, RDN, LDN, CEDRD, FADA, FAND
2:30 PM – 4 PM (1.5 credits)	The Care and Feeding of the Endocannabinoid System <i>Cannabis and Beyond</i>	Janice Newell Bissex, MS, RDN, FAND; and Bonnie Johnson, MS, RDN
5:30 PM – 6:30 PM	KEYNOTE PRESENTATION	Chris Mohr, PhD, RD

Monday, May 18

TIME	SESSION	PRESENTER
6:30 AM – 7:30 AM	FITNESS	
7:45 AM – 9 AM	BREAKFAST PRESENTATIONS	
9:15 AM – 10:15 AM (1 credit)	Recovery for RDs <i>The Role of Self-Care in Health and Fitness</i>	Chris Mohr, PhD, RD; and Dana White, MS, RD, ATC
	The RD as Food Labeling Advisor for Food Companies	Lauren Swann, MS, RD, LDN
10:30 AM – 12 PM (1.5 credits)	Sweet Success! <i>Recommendations and Culinary Solutions for Reducing Added Sugars</i>	Marlene Koch, RDN
	Reading Between the Lines <i>How to Interpret and Negotiate Contracts to Get What You Want and Deserve</i>	Bonnie Taub-Dix, MA, RDN, CDN; and Mitchell Dix, Esq
12:00 PM – 2:15 PM	LUNCH PRESENTATIONS	
2:30 PM – 4 PM (1.5 credits)	Do No Harm <i>Addressing Weight Stigma in Dietetic Practice</i>	Carrie Dennett, MPH, RDN, LD, CD
	Fuels of Engagement <i>Applying Science to the Athlete's Plate Using Effective Communication Strategies</i>	Leslie Bonci, MPH, RD, CSSD, LDN
4:15 PM – 5:15 PM (1 credit)	Ethics of Practice <i>When Science and Beliefs Conflict</i>	Connie Diekman, MEd, RD, CSSD, LD, FADA, FAND
5:15 PM – 7:30 PM	OPENING RECEPTION AND EXHIBITS	

Tuesday, May 19

TIME	SESSION	PRESENTER
6:30 AM – 7:30 AM	FITNESS	
7:45 AM – 9 AM	BREAKFAST PRESENTATIONS	
9:15 AM – 10:15 AM (1 credit)	Nutrition Care in Kidney Disease	Victor Yu, PhD, RD, BC-ADM
	Boost Your Brand with First-Class Web Writing Skills	Kathleen Zelman, MPH, RDN, LD
10:15 AM – 11:45 AM	EXHIBIT HALL	
12:00 PM – 1:00 PM (1 credit)	The New Age of Dietary Assessment <i>From Quantity to Quality</i>	Dina Aronson, MS, RDN
	Cooking Up Plant-Based Meals Without Ditching the Omnivore <i>A Nutrient-Density & Sensory Approach</i>	Michele Redmond, MS, RDN, FAND, Chef
1:00 PM – 2:45 PM	LUNCH PRESENTATIONS	
3:00 PM – 4:30 PM (1.5 credits)	Improving On-Camera Performance Skills for TV and Other Video Platforms	Carolyn O'Neil, MS, RDN, LDN; and Liz Weiss, MS, RDN
	Prediabetes Is Not Pre-Problem	Jill Weisenberger, MS, RDN, CDE, CHWC, FAND

Wednesday, May 20

TIME	SESSION	PRESENTER
6:30 AM – 7:30 AM	FITNESS	
7:45 AM – 9 AM	BREAKFAST PRESENTATIONS	
9:15 AM – 10:15 AM (1 credit)	Ask the Expert <i>A Year in Review and a Look Ahead</i>	Toby Amidor, MS, RD, CDN, FAND
9:15 AM – 12:45 PM (3.5 credits)	WORKSHOP Sustainable Food Systems Master Class	Sherene Chou, MS, RD Kate Geagan, MS, RD Sharon Palmer, MSFS, RDN Chris Vogliano, MS, RD
10:30 AM – 12 PM (1.5 credits)	Let's Talk Detox! <i>How RDNs Can Reclaim the Cleanse</i>	Mary Purdy, MS, RDN, CD