

## Reference List

### Title:

Improving On-Camera Performance Skills for TV and Other Video Platforms, by Carolyn O'Neil, MS, RDN, LD, and Liz Weiss, MS, RDN

### References:

1. Goh LML, Wong AXY, Ang GY, Tan ASL. Effectiveness of nutrition education accompanied by cooking demonstration. *Br Food J.* 2017;119(5).
2. Hemmelgarn M. Effectiveness of food-demos to increase nutrition knowledge. ScholarWorks@BGSU website. <https://scholarworks.bgsu.edu/honorsprojects/202>. Published December 11, 2015.