

Sunday, May 17

Time	Event/Session	Room
3:00PM – 7:00PM	INFORMATION DESK (Badge Pick-up)	Trinidad Pavilion
7:00PM – 9:00PM	WELCOME RECEPTION	Poolside

Monday, May 18

Time	Event/Session	Presenter/Instructor	Room
6:00AM – 7:00AM	AM FITNESS	Joel Harper, personal trainer	TBD
7:00AM – 5:30PM	INFORMATION DESK (Badge Pick-up)		Trinidad Pavilion
7:00AM - 8:00AM	BREAKFAST		Trinidad Pavilion
8:15AM – 9:45AM Session 1 (1.5 credits)	More Than One Path to a Lower Risk of Heart Disease and Cancer <i>An Up-Close Look at Mediterranean, DASH, Nordic & Other Eating Patterns</i>	Karen Collins, MS, RDN, CDN, FAND	Trinidad 1
9:45AM – 10:45AM	BREAK/BOOK AND PRODUCT SHOWCASE (Tote Pick-up)		Trinidad Pavilion
10:45AM – 12:15PM Session 2 (1.5 credits)	Dietary Fats <i>Which Ones Belong on the Table</i>	Jill Weisenberger, MS, RDN, CDE, FAND	Trinidad 1
	Part 1 From Practice to the Page <i>Translating Your Expertise Into Articles, Blogs and Books</i>	Constance Brown-Riggs, MEd, RD, CDE, CDN and Tamara Jeffries, MFA	Trinidad 2
	The Supermarket Solution <i>Promoting Nutrition in the Aisles</i>	Barbara Ruhs, MS, RD, LDN	Trinidad 3
12:15PM – 1:45PM	LUNCH		Trinidad Pavilion
1:45PM – 3:15PM Session 3 (1.5 credits)	Food and Beverage Pairings <i>A Chef's Approach for RDs</i>	Kyle Shadix, CRC, MS, RD, FAND	Trinidad 1
	7 Reasons to Use Social Media to Promote Your Brand	Robin Plotkin, RD, LD	Trinidad 2
	Man-Eater! <i>The Dietary Needs of Performance-Driven Men</i>	David Grotto, MS, RDN, LDN	Trinidad 3
3:15PM – 4:15PM	BREAK/BOOK AND PRODUCT SHOWCASE		Trinidad Pavilion
4:15PM – 5:15PM Session 4 (1 credit)	Meeting the Nutritional Needs of the Plant-Based Family <i>Key Considerations from Childhood Through the Golden Years</i>	Sharon Palmer, RDN	Trinidad 1
	Today's Athletes <i>What Does Consumer Marketing Tell RDs About Your Clients?</i>	Jenna A. Bell, PhD, RD	Trinidad 2
	When You Wish Upon A Star <i>How Visioning, Beliefs, Attitudes and Focus Can Make Your Career Goals</i>	Becky Dorner, RDN, LD, FAND	Trinidad 3

Tuesday, May 19

Time	Event/Session	Presenter/Instructor	Room
6:00AM – 7:00AM	AM FITNESS: YOGA	Silke Ullmann, MPH, RD, LDN, certified yoga instructor	TBD
7:00AM – 5:30PM	INFORMATION DESK		Trinidad Pavilion
7:00AM - 8:00AM	BREAKFAST		Trinidad Pavilion
8:15AM – 9:45AM Session 1 (1.5 credits)	The Biggest Loser Unplugged <i>The Science Behind the Camera</i>	Cheryl Forberg, RD	Trinidad 1
9:45AM – 10:45AM	BREAK/BOOK AND PRODUCT SHOWCASE		Trinidad Pavilion
10:45AM – 12:15PM Session 2 (1.5 credits)	Taking Nutrition Back to the Kitchen <i>Mastering the Cooking Demonstration</i>	Katie Cavuto, MS, RDN, Chef	Trinidad 1
	Influencing Change <i>Howto Borrow Strategies from Industry and Media</i>	Jenna A. Bell, Phd, RD	Trinidad 2
	Healthy Aging for Boomers and Beyond	Becky Dorner, RDN, LD, FAND	Trinidad 3
12:15PM – 1:45PM	KEYNOTE LUNCH	Summer Sanders	Trinidad Pavilion
1:45PM – 3:15PM Session 3 (1.5 credits)	Expanding Your Repertoire <i>Culinary Techniques Every RD Should Master</i>	Toby Amidor, MS, RD, CDN	Trinidad 1
	Social Media in Dietetics Practice <i>Ethical and Legal Considerations</i>	Neva Cochran, MS, RDN, LD, FAND	Trinidad 2
3:15PM – 4:15PM	BREAK/BOOK AND PRODUCT SHOWCASE		Trinidad Pavilion
4:15PM – 5:15PM Session 4 (1 credit)	Diabetes and Weight Loss <i>Special Considerations for Your Patients</i>	Jill Weisenberger, MS, RDN, CDE, FAND	Trinidad 1
	Information Overload! <i>Helping Patients Distinguish Evidence- Based vs. Anecdotal Nutrition Strategies</i>	Karen Collins, MS, RDN, CDN, FAND	Trinidad 2
	Get Hired, Get Promoted <i>10 Steps to Creating a Powerful Personal Brand</i>	Robin Plotkin, RD, LD	Trinidad 3

Wednesday, May 20

Time	Event/Session	Presenter/Instructor	Room
7:00AM – 12:30PM	INFORMATION DESK		Trinidad Pavilion
7:15AM – 8:45AM Session 1 (1.5 credits)	CONVERSATIONAL BREAKFAST GMO Panel	Panel of presenters	Trinidad Pavilion
9:00AM – 10:30AM Session 2 (1.5 credits)	Dietary Targeting of Inflammation <i>Modifying Cancer Risk</i>	Cynthia Thomson, PhD, RD, FAND, FTOS	Trinidad 1
	Looking at Nutrient Analysis Through a Culinary Lens <i>Recipe Development Strategies for Registered Dietitians</i>	Dana Angelo White, MS, RD, ATC	Trinidad 2
10:45AM – 12:15PM Session 3 (1.5 credits)	Part 2 From Practice to the Page <i>Translating Your Expertise Into Articles, Blogs and Books</i>	Constance Brown-Riggs, MSEd, RD, CDE, CDN and Tamara Jeffries, MFA	Trinidad 1
	Who Feeds America? <i>An Examination of the Condition of the American Food Labor System</i>	Sharon Palmer, RDN	Trinidad 2