Today’s Dietitian is the leading independent source for news, information, research, and industry trends among the nation’s influential community of nutrition professionals. Each month, Today’s Dietitian provides registered dietitians, certified diabetes educators, foodservice managers, and culinary professionals with well-written content on essential topics that affect their clients, their profession, and their career development. Today’s Dietitian is also a leading producer of accredited continuing education opportunities for these practitioners.

For advertisers and recruiters seeking brand visibility that reaches influential professionals, the powerful Today’s Dietitian media network offers a range of effective channels for delivering messages while showcasing products, brands, and services to the nation’s community of RDs and nutrition professionals.

PRINT With the benefit of space to have impactful visual branding and messaging, our flagship print publication is a powerful vehicle to reach our loyal audience of 40,000 print subscribers.

DIGITAL Each issue of Today’s Dietitian also features a mobile-ready digital edition, which is delivered via e-mail to our digital subscribers and posted on our high-traffic website. Your print ad appears in the digital edition, adding live links that connect readers to the landing pages of your choice.

WEBSITE Our website hosts an abundance of relevant and timely content that readers come back to over and over again for research, reference, and expert insights. Banner ads and other online advertising opportunities put your message directly in the view of nutrition professionals.

E-MAIL The most powerful and direct way to connect with our audience electronically, our e-mail subscriber lists are valuable for advertisers looking to have their unique message delivered directly to the inboxes of our readers.

E-NEWSLETTER Our monthly e-Newsletter is delivered to the inboxes of opted-in subscribers who want the most current news available. Banner ads place your message among our sought-after content.

CONTINUING EDUCATION The Today’s Dietitian CE Learning Library is a professional development resource that provides online CDR-accredited continuing education credits for RDs and other nutrition professionals. Sponsorship of our self-study courses, webinars, and events such as our annual Spring Symposium are high-profile, high-impact opportunities for companies to promote and introduce products and brands to influential dietitians.

SOCIAL MEDIA Today’s Dietitian has a powerful and active social media presence among dietitians, as well as with personal trainers, fitness enthusiasts, and those interested in nutrition and healthy eating. Our Facebook and Twitter platforms can be used as part of multi-channel campaigns or as targeted advertising campaigns.

DIRECT MAIL Send your collateral materials directly to our subscribers via mail. Ask your rep about the variety of options we have to get your brochures, spec sheets, or other printed materials into the hands of professionals.
Today’s Dietitian’s audience comprises registered dietitians and nutrition professionals in:

- Personal and family diet plan creation and food recommendations
- Disease management, including diabetes, CVD, renal, cancer, and more
- Enteral and parenteral nutrition
- Retail and supermarkets
- Clinical/hospitals
- Media and communications
- Foodservice and culinary management
- Sports nutrition and fitness training
- Public health
- Geriatric care
- Corporate wellness programs
- Education

**OUR AUDIENCE**

- **40,000*** Subscribers
- **336,670** Average Monthly Website Sessions
- **32,800*** e-Newsletter Subscribers
- **77,000** Facebook Likes
- **41,000** Twitter Followers
- Published Since 1999

*Publisher’s Data
**Google Analytics
# Editorial Calendar

**January**
- **Features**
  - Weight Management
  - Professional Goals
  - Convenience Nutrition
- **Departments**
  - Healthful Fats
  - Low FODMAPs
  - Private Practice Tools
- **Special Platform**
  - Fresh Ideas Showcase

**February**
- **Features**
  - Heart Health
  - Power of Produce
  - Dairy Innovations
- **Departments**
  - Senior Wellness
  - Children’s Health
  - Diabetes
- **Special Platform**
  - American Heart Month

**March**
- **Features**
  - Supermarket Retail RD
  - Plant Proteins
  - CBD Beverages
- **Departments**
  - Ancient Grains
  - Integrative Nutrition
  - Cancer Nutrition
- **Special Platform**
  - Nutrition Showcase

**April**
- **Features**
  - Performance Nutrition
  - Soyfoods
  - Clinical Nutrition
- **Departments**
  - Intuitive Eating
  - Sweeteners
  - Supplements
- **Special Platform**
  - National Soyfoods Month

**May**
- **Features**
  - Gluten-Free Goodness
  - Mediterranean Diet
  - Probiotics
- **Departments**
  - Food Allergies
  - Popular Diet Trends
  - Brain Health
- **Special Platform**
  - Spring Showcase

**June/July**
- **Features**
  - Clinical Nutrition
  - Healthy Gut
  - Overweight/Obesity
- **Departments**
  - Retail RD Professional Development
  - Energy Foods
  - Foodservice Menu Planning
- **Special Platform**
  - Summer Showcase

**August/September**
- **Features**
  - Healthy Weight Management
  - Diabetes Management & Nutrition
  - Education-Professional Development
- **Departments**
  - Culinary Education
  - Dietary Fiber
  - Botanicals/Herbs
- **Special Platform**
  - Conference Showcase

**October**
- **Features**
  - Vegetarian/Vegan Health
  - Gut Microbiome
  - Seafood
- **Departments**
  - Supplements
  - Breakfast
  - Cancer Nutrition
- **Special Platform**
  - Fall Showcase

**November/December**
- **Features**
  - Diabetes
  - Supplements
  - Cognitive Health
- **Departments**
  - Body Positivity
  - Clinical Nutrition
  - Ancient Wheat
- **Special Platforms**
  - Diabetes Showcase and Wellness & Prevention Annual Resource Guide

**Space Deadlines**
- January: 12/6/19
- February: 1/10/20
- March: 1/31/20
- April: 2/28/20
- May: 3/27/20
- June/July: 5/29/20
- August/September: 7/24/20
- October: 9/4/20
- November/December: 10/16/20

**Editorial Calendar**

Please contact your Account Executive for Material Deadlines at sales@gvpub.com.
## Print Rates

<table>
<thead>
<tr>
<th>AD Size</th>
<th>OPEN</th>
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<td>$2,685</td>
<td>$2,630</td>
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</table>

### Premium Placement

- **Back Cover:** +30%
- **Inside Front Cover:** +25%
- **Page 3:** +25%
- **Inside Back Cover:** +20%
- **Opposite Table of Contents:** +20%
- **Opposite Masthead:** +20%
- **Franchise or Other Preferred Positions:** +10% to 15%
- **Conference Issues:** +10%

**Showcase AD:** $2,450
Contact your account executive for details.

**Resource Guide Listings:** $1,050
Contact your account executive for details.

**Datebook:** 1 insertion: $440;
2 insertions: $410 each;
3 or more: $370 each

**Bellybands, Cover Stickers, French Gates, Inserts, Polybags, or Special Requests**
Contact your account executive for details.

No print cancellations accepted 30 days before published deadline. Specific cancellation terms and conditions can be found at [www.TodaysDietitian.com/terms](http://www.TodaysDietitian.com/terms).

No print cancellations permitted with premium positions. Premium position supersedes any page separation requests.
The Today’s Dietitian Wellness and Prevention Annual Resource Guide is an advertising vehicle that combines power with longevity. This cost-effective entry is hyper-targeted, which adds to its potency. Listings maintain their value because they are utilized by professionals year-round as reference tools when they’re looking for the industry’s most reliable companies, product lines, brands, and services. Our Resource Guide delivers key product information that assists and informs professionals making purchasing decisions, along with direct contact information that can start mutually beneficial business relationships.

All Resource Guide Listings Include:

- 2.22” x 2.75” four-color ad space, formatted 9 ads to a printed page
- Contact information and logo (300 dpi)
- Up to 40 words of copy
- Added exposure in the interactive digital edition
- A 12-month online listing on our website, with direct links to any website or webpage

All for only $1,050

Today’s Dietitian Product & Service Showcases help our audience of RDs and nutrition professionals learn about what’s available in the marketplace while enhancing advertising campaigns. This cost-effective, high-profile opportunity positions the advertiser’s product information, service offerings, and company messaging directly in front of these influential professionals in an appealing and unique format.

Product & Service Showcases Include:

- Space approximately the size of a quarter-page ad
- 70-word product description displayed in news release format
- Accompanying four-color image
- Company contact information and URL
- No additional design elements needed or accepted

All for only $2,450

2020 Showcase Issues

JANUARY: Fresh Ideas Showcase
MARCH: Nutrition Showcase
MAY: Spring Showcase
JUNE/JULY: Summer Showcase
AUGUST/SEPTEMBER: Conference Showcase
OCTOBER: Fall Showcase
NOVEMBER/DECEMBER: Diabetes Showcase

Califia is on a mission to discover and share “what plants can do.” Renowned for the best-tasting plant-based beverages on the market artfully packaged in disruptive curvy bottles, Califia Farms is a leading refrigerated nutmilk, non-dairy creamer and ready-to-drink coffee brand in the Natural & Specialty channels. Stop by FNCE® Booth number 1429 to try one of our newly launched dairy-free probiotic yogurt drinks.

www.califiafarms.com
Contact us: sales@califiafarms
Follow us on social: @califiafarms

( Sample Showcase ad at 70%, actual size is roughly 3.45” × 4” )

( Sample Resource Guide ad, actual size )
WEBSITE RATES

Full Banner (Top)
(468 x 60 pixels)
- Open: $3,435
- 3x: $3,365
- 6x: $3,270
- 9x: $3,200
- 12x: $3,075

Wide Skyscraper*
(160 x 600 pixels)
- Open: $5,115
- 3x: $5,015
- 6x: $4,910
- 9x: $4,825
- 12x: $4,690

Leaderboard*
(728 x 90 pixels)
- Open: $4,575
- 3x: $4,490
- 6x: $4,400
- 9x: $4,285
- 12x: $4,145

Medium Rectangle*
(300 x 250 pixels)
- Open: $4,305
- 3x: $4,220
- 6x: $4,140
- 9x: $4,050
- 12x: $3,920

3:1 Rectangle*
(300 x 100 pixels)
- Open: $2,995
- 3x: $2,935
- 6x: $2,845
- 9x: $2,775
- 12x: $2,715

Full Banner
(468 x 60 pixels)
Homepage Only
- Open: $2,220
- 3x: $2,135
- 6x: $2,060
- 9x: $1,960
- 12x: $1,880

Leaderboard 728x90

Web Cancelation Policy: Cancellations of any type of digital media platform (online units, website advertising, e-Newsletters, e-blasts, webinars, etc) will be charged a 30% cancellation fee. NO CANCELLATIONS of digital media units are accepted less than 30 days before the live or deployment date.

All ads are sitewide unless otherwise noted. Our website is compliant with the Interactive Advertising Board (IAB) Universal Ad Package standard, providing our advertisers with a choice of banner ad units that provide advertisers the ability to reach our audience of professionals. * IAB-approved sizes

Website Sponsored Content
Sponsor receives content control of native advertising posted on our magazine’s website for 30 days, which includes 800 to 900 words of text, images, and various links to your company’s website. Company also provides title of navigation link on our homepage. PRICE: $2,995
E-NEWSLETTER RATES

Placing a banner on the Today's Dietitian monthly e-Newsletter delivers your product or brand message directly to the desktops of our subscriber base of influential professionals. This direct reach builds brand awareness while driving traffic to your website. Each e-Newsletter features timely content as well as other relevant topics.

MONTHLY FEATURES

JANUARY: Weight Management: Fad Diets
FEBRUARY: American Heart Month: CVD Prevention/Fiber
MARCH: Retail RD: CBD Products
APRIL: Fitness: SCAN
MAY: Previewing TD’s Spring Symposium: Gluten-Free Snacking
JUNE: News from TD’s Spring Symposium: Cognitive Health
JULY: Previewing AADE: Education – Career Development
AUGUST: Diabetes Nutrition and Management
SEPTEMBER: National Conference Preview, Digestive Wellness
OCTOBER: News From National Conference, Plant-Based Diets
NOVEMBER: American Diabetes Month: Diabetes
DECEMBER: Family Meal Planning/ CBD Foods

E-MAIL MARKETING

Advertisers can utilize the power of our subscriber lists by using custom-designed e-blasts to deliver a specific product message, technological benefit, or positioning statement directly to the inboxes of influential nutrition professionals. This targeted and cost-effective method of reaching Today’s Dietitian’s audience uses your company’s own words, terminology, and images. Our in-house team can create the artwork to match your message, or we can simply take your design and deliver it to our opt-in list of professional subscribers.

FULL LIST E-BLAST: $10,775
$395 per 1,000 names for partial list deployment.

<table>
<thead>
<tr>
<th>AD SIZE</th>
<th>OPEN</th>
<th>3X</th>
<th>6X</th>
<th>9X</th>
<th>12X</th>
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<tbody>
<tr>
<td>Leaderboard* (728 × 90 pixels)</td>
<td>$3,900</td>
<td>$3,825</td>
<td>$3,745</td>
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<tr>
<td>Full Banner (468 × 60 pixels)</td>
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<td>$1,775</td>
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<td>$1,620</td>
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<tr>
<td>Rectangle* (180 × 150 pixels)</td>
<td>$1,470</td>
<td>$1,425</td>
<td>$1,360</td>
<td>$1,320</td>
<td>$1,260</td>
</tr>
</tbody>
</table>

* IAB-approved sizes

Banner positions not fixed, but based on content distribution.
PRINT SPECIFICATIONS

PREFERRED FILE FORMAT: PDF and PDF/X1a only. Files must conform to SWOP standards. All marks (trim, bleed, center) should be included and must be 0.1875” outside the trim of the magazine.

COLORS: CMYK (no pantone or spot colors, RGB, LAB, ICC color profiles, or 4-color black type)

TOTAL AREA COVERAGE: Maximum ink density is 300%

LINE SCREEN: 133 lpi

MINIMUM IMAGE RESOLUTION: 300 dpi

No native applications accepted

PRODUCTION COSTS: Original ad creation will be charged at a rate of $250 per hour. Revisions to artwork will be charged at a rate of $95 per hour.

FILE SUBMISSION

E-MAIL: ads@gvpub.com
For files under 10 MB

FTP: Available for larger files. Please contact your account executive for more information.

MAIL: 3801 Schuylkill Road
Spring City, PA 19475

HARD-COPY PROOFS

A hi-res offset color contract proof made to SWOP specifications can be mailed at the time of submission. Today’s Dietitian cannot guarantee accurate reproduction without a hard-copy proof. Proof must be received one week before the Material Deadline for the issue in which it will run. Send to address under File Submission.
DIGITAL SPECIFICATIONS

E-MAIL MARKETING SPECIFICATIONS

PREFERRED FILE FORMAT: HTML documents ONLY. Images in JPG or GIF formats. (Animated GIFs may not display correctly for all recipients.) Text sent in a Microsoft Word document. Embed all graphics or include with HTML document.

FILE SIZE: HTML file size should not exceed 150 KB and should be within 500 to 700 pixels wide.

No “image-only designs.” Use HTML to create design, 40/60 image-to-text ratio. Inline CSS (cascading style sheets). No MS Word HTML, Flash, or JavaScript allowed.

PRODUCTION COSTS: E-blast creation will be charged at a rate of $350 per hour. E-blast corrections will be charged at a rate of $125 per hour.

E-NEWSLETTER BANNERS

ACCEPTED FORMATS: JPG, GIF. Animated GIFs may not display correctly for all recipients. (Note: Flash, custom scripts, and files without extensions will not be accepted.)

MAX FILE SIZE: 40 KB

PRODUCTION COSTS: Banner creation will be charged at a rate of $200 per hour. Revisions will be charged at a rate of $75 per hour.

WEBSITE BANNERS

ACCEPTED FORMATS: JPG, GIF, PNG, third-party ad tags. (Note: Files without extensions will not be accepted.)

No Flash creative will be accepted!

MAX FILE SIZE: 100 KB

PRODUCTION COSTS: Banner creation will be charged at a rate of $200 per hour. Revisions will be charged at a rate of $75 per hour.

DIGITAL MAGAZINE SPECIFICATIONS

PREFERRED FILE FORMAT: PDF and PDF/X1a only

COLORS: RGB

VIDEO AND AUDIO SPECIFICATIONS: Your video or audio file should not exceed 25 MB. The media link system is made to show small formats such as commercials and spots. The media link system can handle most common media file types. We recommend that you create the video as a FLV file. If that is not possible, the media system also supports common formats such as AVI, MPG, WMV, and MOV.

Great Valley Publishing Company will not be responsible for reproduction quality of supplied artwork that does not meet these requirements.