The Industry’s Most Powerful Media Brand

*Today’s Dietitian* is the leading independent source for news, information, research, and industry trends among the nation’s influential community of nutrition professionals. Each month, *Today’s Dietitian* provides registered dietitians, certified diabetes educators, foodservice managers, and culinary professionals with well-written content on essential topics that affect their clients, their profession, and their career development.

Our loyal and engaged audience appreciates our unbiased voice and timely coverage of subjects that move and enlighten them, such as diabetes management, heart health, food allergies, and weight control, as well as the latest in industry research, nutritional supplements, and special dietary needs.

The powerful *Today’s Dietitian* media network can deliver key messages while showcasing products, brands, services, or professional opportunities across several potent channels. Our network includes the following:

- Our flagship monthly print publication, with 40,000 subscribers from a range of workplace settings.
- Our mobile-ready digital edition, which is delivered via e-mail to more than 32,000 subscribers and posted on our high-traffic, hyper-targeted website, www.TodaysDietitian.com.
- Our monthly e-Newsletter serves timely news, research, and information, as well as banner ads, directly to the inboxes of subscribing nutrition professionals.
- Our website is a treasure trove of content for dietitians and other professionals, with thousands of articles from past issues on a wide range of important subjects. It also connects visitors to our digital editions, e-Newsletter archives, continuing education courses, job postings, events, and social media channels. With an average of nearly 450,000 impressions per month, www.TodaysDietitian.com is a powerful online resource and showcase for products, services, events, and more.
- Dietitians are actively engaged in social media and so are we. We distribute content daily via Facebook and Twitter and our followers are active and ever growing communities of nutrition professionals and health-conscious individuals.
- Our signature blog at RDLounge.com is an online space where dietitians enjoy and comment on the opinions and insights of fellow nutrition professionals on subjects that appeal to RDs from all corners of the profession.

www.TodaysDietitian.com
Today’s Dietitian’s audience comprises Registered Dietitians and nutrition professionals in:

- Personal and family diet plan creation and food recommendations
- Disease management, including diabetes, CVD, renal, cancer, and more
- Enteral and parenteral nutrition
- Retail and supermarkets
- Clinical/hospitals
- Media and communications
- Foodservice and culinary management
- Sports nutrition and fitness training
- Public health
- Geriatric care
- Corporate wellness programs
- Education

Published since 1999

Frequency:
Monthly

Subscribers:
40,000*

E-newsletter subscribers:
33,500*

Average monthly website sessions:
295,830**

*Bonus distribution at major industry events

*Publisher’s Data
**Google Analytics

DISTRIBUTION*

www.TodaysDietitian.com
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<th>January</th>
<th>Weight Management</th>
<th>Cancer</th>
<th>SPACE: December 10</th>
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<th>* Subject to change</th>
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<td>Infant Nutrition</td>
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<td>Clinical Nutrition</td>
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<td>Heart Health</td>
<td>Sprouted Grains</td>
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<td>American Heart Month, Conference Issue</td>
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<td>Senior Wellness</td>
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FOUR-COLOR RATES (CONTACT ACCOUNT EXECUTIVE FOR BLACK-AND-WHITE RATES)

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All print advertisements receive double exposure through our digital companion, which is posted on our website, www.TodaysDietitian.com.

Premium Placement

BACK COVER: +30%
INSIDE FRONT COVER: +25%
PAGE 3: +25%
INSIDE BACK COVER: +20%
OPPOSITE TABLE OF CONTENTS: +20%
OPPOSITE MASTHEAD: +20%
FRANCHISE OR OTHER PREFERRED POSITIONS: +10% to 15%
CONFERENCE ISSUES: +10%

No print cancellations permitted with premium positions. Premium position supersedes any page separation requests. Additional premiums may apply to conference issues.

SHOWCASE AD: $2,325
Showcase your product or service in a news release format. Supply a 4'' × 5'' photo at 300 dpi in TIFF or JPEG format along with 70 words of copy. Hosted on publication website for 12 months. No additional design elements needed or accepted.

RESOURCE GUIDE LISTINGS: $995
DATEBOOK
1 insertion: $425; 2 insertions: $395 each; 3 or more: $360 each

No print cancellations accepted after published space deadline. Specific cancellation terms and conditions can be found at www.TodaysDietitian.com/terms.

High Impact Placements

High Impact Placements include belly bands, cover stickers, french gates, etc. Contact your account executive for more details.

INSERTS, POLYBAGS, OR SPECIAL REQUESTS
Contact your account executive for details.

For more information and rates on reprints, list rentals, and direct mail, call 800-278-4400.
Resource Guides

**Today’s Dietitian** Resource Guides are advertising vehicles that combine power with longevity. These cost-effective entries are hyper-targeted, which adds to their potency. Listings maintain their value because they are utilized by professionals year-round as reference tools when they’re looking for the industry’s most reliable companies, product lines, brands, and services. Our Resource Guides deliver key product information that assists and informs professionals making purchasing decisions, along with the direct contact information that can start mutually beneficial business relationships.

**All Resource Guide Listings Include:**

- **2.22” x 2.75”** four-color ad space, formatted 9 ads to a printed page
- Contact information and logo (300 dpi)
- Up to 40 words of copy
- Added exposure in the interactive digital edition
- A 12-month online listing on our website, with direct links to any website or webpage

All for only $995

Product & Service Showcases

**Today’s Dietitian** Product & Service Showcases help our audience of RDs and nutrition professionals learn about what’s available in the marketplace while enhancing advertising campaigns. This cost-effective, high-profile opportunity positions the advertiser’s product information, service offerings, and company messaging directly in front of these influential professionals in an appealing and unique format.

**Product & Service Showcases Include:**

- Space approximately the size of a quarter-page ad
- 70-word product description displayed in news release format
- Accompanying four-color image
- Company contact information and URL
- No additional design elements needed or accepted

All for only $2,325
**Website Advertising**

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* IAB-approved sizes

**Website Sponsored Content**

Sponsor receives content control of native advertising posted on our magazine’s website for 30 days, which includes 800 to 900 words of text, images, and various links to your company’s website. Company also provides title of navigation link on our homepage.

**PRICE:** $2,995

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**WEB CANCELLATION POLICY:** Cancellations of any type of digital media platform (online units, website advertising, e-Newsletters, e-blasts, webinars, etc) will be charged a 30% cancellation fee. NO CANCELLATIONS of digital media units are accepted less than 30 days before the live or deployment date.
High Impact Digital Ad Placements

Billboard Ad

In compliance with new rules that block certain online banner advertising such as pop-ups, interstitials, and takeovers from appearing on widely-used browsers, our newest option offers advertisers the top position on our site with a sizable banner area for messaging, branding, and calls to action. A prominent and exclusive location, a Billboard will position the advertiser to be the first to welcome and inform our frequent website visitors.

MONTHLY PRICE: $7,670

Digital Ad Packages

Combining the consistency of a website banner, the direct delivery of a banner in our monthly e-Newsletter, and the power of our subscriber list and your brand message, these packages deliver a multichannel punch that is certain to reach the influential professionals in our audience. Standard and Premium packages are available to fit your budget and timing needs.

Premium Package
- HTML custom e-blast to full e-subscriber list
- Full banner (468 x 60) within content in our e-Newsletter
- 30-day run-of-site Wide Skyscraper (160 x 600) banner on Today’s Dietitian’s website

PRICE: $14,775

Standard Package
- HTML custom e-blast to full e-subscriber list
- Rectangle (180 x 150) within content in our e-Newsletter
- 30-day sitewide 3:1 Rectangle (300 x 100) on Today’s Dietitian’s website

PRICE: $13,225

Intro Page Ad on Digital Editions

Every issue of the print publication is digitized and posted on our website. Interactive digital editions draw a significant, growing audience, as well as an increase in mobile users and international subscribers.

Each digital issue has an introduction page opposite the cover where advertisers can place their messages. The benefits of this high impact placement include the following:

- It’s certain to be seen by all digital edition readers.
- Space is exclusive to one advertiser per issue.
- It’s an interactive ad that includes direct links to the webpage or website chosen by the advertiser.
- It’s one of the most effective stand-alone placements available for product and branding messaging.

PRICE: $3,145 per issue

For information on additional High Impact digital opportunities, such as online advertorials, custom digital supplements, white papers, webinars, and more, contact your account executive.
Ask your account executive about options and pricing for these great additions to your marketing plan.

Custom Digital Supplements

Our custom digital supplements are standalone editorial pieces that deliver your message in a style and format that are certain to be read.

By allowing us to take your white paper, news release, brochure, or informational packet and enhance it with rich media such as audio, video, or Flash animation, you instantly initiate greater reader engagement and response. That, coupled with targeting your custom digital supplement to our responsive group of influential professionals, ensures successful delivery of your message.

These custom digital supplements make great sales tools that have a never-ending shelf life and are easily distributed via e-mail, websites, and social media channels.

With packages starting at just $14,500, you will receive full marketing support to our entire audience, plus many options for editorial support and expanded pages.

For the full range of options regarding this High Impact advertising opportunity, please contact your account executive.

Toolkits

A natural traffic-driver to company and product information, this dedicated page on our website provides visitors with descriptions and direct links to sponsor-hosted pages that have been specifically created for dietitians and other nutrition professionals. Sponsor toolkits usually include special RD-centered materials, custom-made videos, and other informational resources developed for the RD to use as reference, in practice, or as educational support.

Don’t have a Toolkit? Today’s Dietitian can help you create and design a custom Toolkit specific to your needs! Contact your account executive for details.

PRICING *

• $4,500 per year or only $750 per year with full e-blast deployment

* Includes promotion throughout the year.

www.TodaysDietitian.com
E-Newsletters

Placing a banner on the *Today’s Dietitian* monthly e-Newsletter delivers your product or brand message directly to the desktops of our subscriber base of influential professionals. This direct reach builds brand awareness while driving traffic to your website. Each e-Newsletter features timely content as well as other relevant topics.

**Monthly Features**

**JANUARY:** Weight Management, Mindfulness
**FEBRUARY:** American Heart Month, Heart-healthy
**MARCH:** Retail RD, Functional Foods
**APRIL:** Fitness, SCAN
**MAY:** Previewing *TD*’s Spring Symposium, Gluten-Free Foods
**JUNE:** News From *TD*’s Spring Symposium, Brain Health
**JULY:** Previewing AADE, Education (Career Development)
**AUGUST:** Diabetes Nutrition and Management
**SEPTEMBER:** National Conference Preview, Healthy Gut
**OCTOBER:** News From National Conference, Plant-Based Diets
**NOVEMBER:** American Diabetes Month, Diabetes
**DECEMBER:** Wellness and Prevention

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* IAB-approved sizes

Banner positions not fixed, but based on content distribution.

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www.TodaysDietitian.com
E-Mail Marketing

Advertisers can utilize the power of our subscriber lists by using custom-designed e-blasts to deliver a specific product message, technological benefit, or positioning statement directly to the inboxes of influential nutrition professionals. This targeted and cost-effective method of reaching Today’s Dietitian’s audience uses your company’s own words, terminology, and images. Our in-house team can create the artwork to match your message, or we can simply take your design and deliver it to our opt-in list of professional subscribers.

**FULL LIST E-BLAST:** $10,500
$395 per 1,000 names for quantities under 26,000

Digital advertising packages that include e-Newsletters, custom e-blasts, and website banners are available. See the High Impact Digital Ad Placements page for special package pricing and high-visibility placements.
The Today’s Dietitian Continuing Education Learning Library is a professional development resource that provides online CDR-accredited continuing education credits for RDs and other nutrition professionals through self-study courses, webinars, and books. Ours is a low-stress, cost-efficient way for RDs to earn as many credits as they need for recertification requirements and overall career enhancement.

Sponsorship of Self-Study Courses and Webinars

Our self-study courses and webinars are High Impact, targeted opportunities for advertisers to reach our established audience of influential dietitians, certified dietary managers, certified diabetes educators, and other specialists in the field of nutrition and dietetics.

The presence of your company logo or brand identity associated with these peer-reviewed, informative articles and expert-hosted webinars provides a unique opportunity to inform audience members who regularly design meal plans, create recipes, author books, and recommend specific products for their clients.

To learn how your company can sponsor a webinar or continuing education course, contact Gigi Grillot at 646-942-2214 or e-mail ggrillot@gvpub.com.
Print Media Specifications

Print Material Specifications

PREFERRED FILE FORMAT: PDF and PDF/X1a only. Files must conform to SWOP standards. All marks (trim, bleed, center) should be included and must be 0.1875” outside the trim of the magazine.

COLORS: CMYK (no pantone or spot colors, RGB, LAB, ICC color profiles, or 4-color black type)

TOTAL AREA COVERAGE: Maximum ink density is 300%

LINE SCREEN: 133 lpi

MINIMUM IMAGE RESOLUTION: 300 dpi

No native applications accepted

PRODUCTION COSTS: Original ad creation will be charged at a rate of $250 per hour. Revisions to artwork will be charged at a rate of $95 per hour.

Hard-Copy Proofs

A hi-res offset color contract proof made to SWOP specifications can be mailed at the time of submission. Today’s Dietitian cannot guarantee accurate reproduction without a hard-copy proof. Proof must be received by the Material Deadline for the issue in which it will run (see Editorial Calendar). Send to address under File Submission.

File Submission

E-MAIL: ads@gvpub.com
For files under 10 MB

FTP: Available for larger files. Please contact your account executive for more information.

MAIL: 3801 Schuylkill Road
Spring City, PA 19475

Great Valley Publishing Company will not be responsible for reproduction quality of supplied artwork that does not meet these requirements.
Digital Media Specifications

E-Mail Marketing Specifications

PREFERRED FILE FORMAT: HTML documents ONLY. Images in JPG or GIF formats. (Animated GIFs may not display correctly for all recipients.) Text sent in a Microsoft Word document. Embed all graphics or include with HTML document.

FILE SIZE: HTML file size should not exceed 150 KB and should be within 500 to 700 pixels wide.

No “image-only designs.” Use HTML to create design, 40/60 image-to-text ratio. Inline CSS (cascading style sheets). No MS Word HTML, Flash, or JavaScript allowed.

PRODUCTION COSTS: E-blast creation will be charged at a rate of $350 per hour. E-blast corrections will be charged at a rate of $125 per hour.

Website Banners

ACCEPTED FORMATS: JPG, GIF, PNG, third-party ad tags. (Note: Files without extensions will not be accepted.)

NO FLASH CREATIVE WILL BE ACCEPTED!

MAX FILE SIZE: 100 KB

PRODUCTION COSTS: Banner creation will be charged at a rate of $200 per hour. Revisions will be charged at a rate of $75 per hour.

E-Newsletter Banners

ACCEPTED FORMATS: JPG, GIF. Animated GIFs may not display correctly for all recipients. (Note: Flash, custom scripts, and files without extensions will not be accepted.)

MAX FILE SIZE: 40 KB

PRODUCTION COSTS: Banner creation will be charged at a rate of $200 per hour. Revisions will be charged at a rate of $75 per hour.

Digital Magazine Specifications

PREFERRED FILE FORMAT: PDF and PDF/X1a only

COLORS: RGB

VIDEO AND AUDIO SPECIFICATIONS: Your video or audio file should not exceed 25 MB. The media link system is made to show small formats such as commercials and spots. The media link system can handle most common media file types. We recommend that you create the video as a FLV file. If that is not possible, the media system also supports common formats such as AVI, MPG, WMV, and MOV.

SYSTEM REQUIREMENTS: Zmags is cross-browser compatible and works on both Mac OS and Windows. The Zmags platform requires Flash for reading, and the minimum Flash version required is 9.0.115. If the reader does not have Flash installed or runs an older version, the reader is redirected to a page where Flash Player can be installed or the Zmags can be viewed in HTML. The Zmags digital magazine platform scales to fit the screen resolution of the reader. It is optimized for 1280 × 1024 and 1024 × 768. Readers with higher screen resolutions will still see the Zmags, although it may not utilize the entire screen. For readers with lower screen resolutions, the content will scale to fit the actual screen size.

Great Valley Publishing Company will not be responsible for reproduction quality of supplied artwork that does not meet these requirements.
Recruiting With *Today's Dietitian*

Now in our 20th year serving nutrition professionals, *Today’s Dietitian* has been established as the leading independent trade publication for registered dietitians, certified diabetes educators, foodservice managers, and certified dietary managers across the nation.

Working with the most powerful media brand in the industry at your disposal, advertisers and recruiters have several channels to present their career opportunities in nutrition and dietetics to our highly qualified audience.

When you choose one of the ad sizes offered, your open position will be immediately posted on our active job board, [AlliedHealthCareers.com](http://AlliedHealthCareers.com), be included in the *Today's Dietitian* monthly e-Newsletter, appear in the next print edition, and be deployed digitally to the desktops of our subscribers in our digital edition—all for one low price! Select your size and ensure your positions are seen today.

<table>
<thead>
<tr>
<th>RECRUITMENT SIZES AND RATES*</th>
<th>PRICE</th>
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</thead>
<tbody>
<tr>
<td>1/8 (2.292” × 3.948”)</td>
<td>$1,105</td>
</tr>
<tr>
<td>1/6 Vertical (2.292” × 4.78”) or 1/6 Horizontal (4.708” × 2.292”)</td>
<td>$1,290</td>
</tr>
<tr>
<td>2/9 Vertical (2.292” × 6.444”) or 2/9 Horizontal (4.708” × 3.125”)</td>
<td>$1,715</td>
</tr>
<tr>
<td>5/18 Vertical (2.292” × 8.094”) or 5/18 Horizontal (4.708” × 3.948”)</td>
<td>$2,050</td>
</tr>
<tr>
<td>1/3 Vertical (2.292” × 9.75”) or 1/3 Horizontal (4.708” × 4.78”)</td>
<td>$2,530</td>
</tr>
<tr>
<td>4/9 (4.708” × 6.444”)</td>
<td>$3,410</td>
</tr>
<tr>
<td>Half Page (7.125” × 4.78”)</td>
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</tr>
<tr>
<td>Full Page (7.125” × 9.75”)</td>
<td>$7,345</td>
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</tbody>
</table>

* All rates are net.

For additional digital options, which include e-blasts and web banners, call your account executive.
Now more than ever, recruitment options that focus on a specific niche or field are the most efficient and successful ways of finding qualified, experienced professionals in any given specialty.

AlliedHealthCareers.com is the premier online resource for employment opportunities in allied health-related fields. AlliedHealthCareers.com is backed by more than 25 years of experience in bringing together allied health employers and candidates.

We have developed the ultimate niche website for experienced, credentialed allied health professionals and the recruiters looking to hire them.

By focusing exclusively on our niche, AlliedHealthCareers.com is an excellent filter for recruiters who want to avoid receiving scores of résumés from unqualified candidates.

With postings starting at just $275 and memberships that provide unlimited postings starting at $1,850, we offer many options that deliver our audience of professionals to your openings and drive traffic to your online listings or website.

Digital Recruitment Packages*

<table>
<thead>
<tr>
<th>Standard Package</th>
<th>Welcome Package</th>
<th>Premium Package</th>
</tr>
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<tbody>
<tr>
<td>• Feature Employer logo on AlliedHealthCareers.com</td>
<td>• Digital Edition Welcome Page ad (opposite cover)</td>
<td>• Featured Employer logo on AlliedHealthCareers.com</td>
</tr>
<tr>
<td>• Full Banner on Today’s Dietitian website</td>
<td>• Featured Employer logo on AlliedHealthCareers.com</td>
<td>• 30-day job posting on AlliedHealthCareers.com</td>
</tr>
<tr>
<td>• Banner on monthly e-Newsletter</td>
<td>• 30-day job posting on AlliedHealthCareers.com</td>
<td>• 3:1 Banner on <a href="http://www.TodaysDietitian.com">www.TodaysDietitian.com</a></td>
</tr>
<tr>
<td><strong>PRICE:</strong> $2,995</td>
<td><strong>PRICE:</strong> $3,595</td>
<td><strong>PRICE:</strong> $6,995</td>
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</tbody>
</table>

*All packages can be upgraded to include a print ad and the total recruitment solution. Contact your account executive for details.