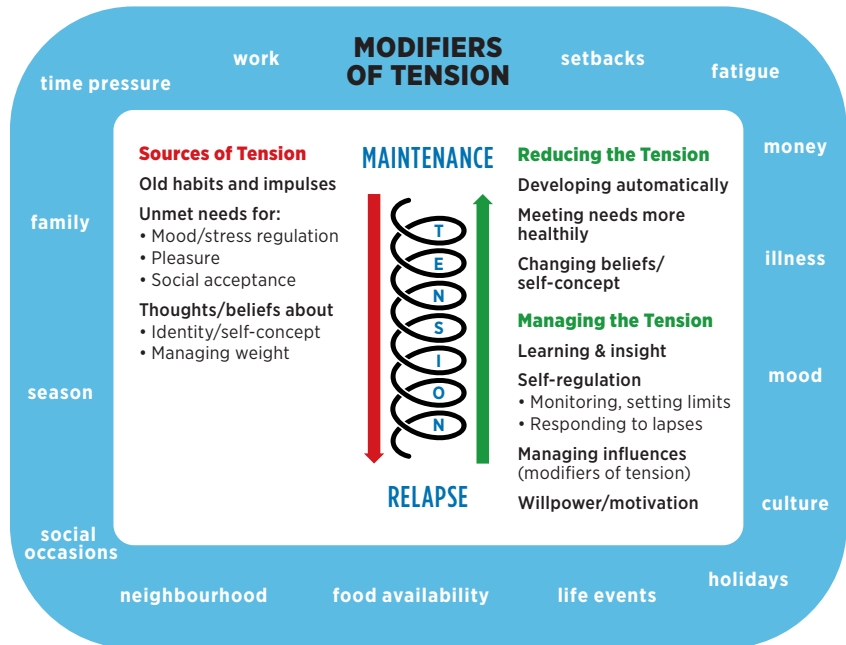


Conceptual Model of the Dynamics of Weight Loss Maintenance



SOURCE: GREAVES C, POLTAWSKI L, GARSIDE R, BRISCOE S. UNDERSTANDING THE CHALLENGE OF WEIGHT LOSS MAINTENANCE: A SYSTEMATIC REVIEW AND SYNTHESIS OF QUALITATIVE RESEARCH ON WEIGHT LOSS MAINTENANCE. *HEALTH PSYCHOL REV.* 2017;11(2):145-163.