

BURGEONING BEVERAGES

Beverage	Serving Size	Calories	Protein (g)	Sugars (g)	Active Ingredients	Cost per Serving
CBD-INFUSED						
Sprig CBD-Infused Soda, Citrus Zero Sugar	12 oz	5	0	0	CBD (20 mg)	\$5
Recess Sparkling Water, Peach Ginger	12 oz	15	0	4	CBD (10 mg) from broad-spectrum hemp oil plus organic ginger, schisandra powder, ginseng powder, L-theanine powder	\$5
Mary Joe CBD Cold Brew Coffee	7 oz	2	0	0	CBD (15 mg)	\$8
NOOTROPIC						
NEU Ultra Strength Energy Shots	2 oz	0	0	0	Niacin, vitamin B ₆ , vitamin B ₁₂ , pantothenic acid, nootropic blend (tyrosine, caffeine [300 mg], carnitine, L-theanine, choline)	\$2.33
TruBrain shot, Caffeine Free	1 oz	25	0	7	Vitamin C, noopept, L-carnitine, tyrosine, centrophoxine, magnesium, theanine, uridine monophosphate	\$2.17
Mental Mojo Kiwi Strawberry	1 stick packet (3 g powder)	0	0	0	Vitamin B ₆ , folic acid, vitamin B ₁₂ , L-tyrosine, L-carnitine, caffeine (150 mg), choline, phosphatidylserine, vinpocetine, huperzine A	\$2.80
NONALCOHOLIC						
Curious Elixir No. 1	5.6 oz	43	0	9	Organic gentian root extract, rhodiola rosea extract (200 mg/ serving)	\$4.38
Ritual Zero Proof Whiskey Alternative	1.5 oz	10	0	1	Made with botanicals; no claimed functional ingredients	\$1.47
Töst Sparkling Beverage	8 oz	45	0	11	Made with white tea, white cranberry concentrate, natural ginger extract, natural citrus extract; no claimed functional ingredients	\$2.75
COLLAGEN-INFUSED						
Vital Proteins Collagen Water, Strawberry Lemon	12 oz	60	10	3	Bovine collagen peptides (10 g)	\$2.99
Ti Tonics Collagen Elixir, Watermelon & Blueberry	2 scoops powder (20 g)	70	11	0	Collagen peptides (12,500 mg), caprylic/capric triglycerides, organic white tea polyphenols, hyaluronic acid, vitamin C ester	\$3.33

SOURCE: COMPANY WEBSITES

NOTE: THE BEVERAGES LISTED IN THIS TABLE ARE ONLY A FEW EXAMPLES OF THE HUNDREDS OF DRINKS ON THE MARKET, WHICH VARY SIGNIFICANTLY IN INGREDIENTS AND THEIR AMOUNTS AND PRICES.