

FROZEN ENTRÉE STANDOUTS

BRAND	PRODUCT	PORTION SIZE	NUTRITION	NOTABLE
California Pizza Kitchen	Artisanal Style Cheese Cauliflower Crispy Thin Crust Pizza	½ pie (112 g)	270 kcal, 12 g fat, 29 g carbohydrate, <1 g fiber, 12 g protein, 620 mg sodium	Gluten-free, 100% real cheese, no artificial flavors
Caulipower	Veggie Pizza	½ pie (165 g)	310 kcal, 14 g fat, 37 g carbohydrate, 3 g fiber, 10 g protein, 500 mg sodium	Cauliflower as the first ingredient, good source of fiber
Evol	Boost Bowl	1 bowl (241 g)	250 kcal, 15 g fat, 24 g carbohydrate, 4 g fiber, 7 g protein, 600 mg sodium	Whole grain, variety of vegetables
Healthy Choice	Spicy Black Bean & Chicken Power Bowl	1 package (276 g)	210 kcal, 6 g fat, 19 g carbohydrate, 7 g fiber, 20 g protein, 600 mg sodium	Gluten-free with riced cauliflower, lower carb, high in protein
Lean Cuisine Marketplace	Sweet & Spicy Korean-Style Beef	1 package (248 g)	320 kcal, 7 g fat, 50 g carbohydrate, 3 g fiber, 15 g protein, 650 mg sodium	Gluten-free, whole grain
Lean Cuisine Origins	Sicilian-Style Pesto With Lentil Pasta	1 package (241 g)	320 kcal, 8 g fat, 47 g carbohydrate, 5 g fiber, 15 g protein, 470 mg sodium	Vegan
Love The Wild	Baja Style Fish Taco Bowl	1 package (255 g)	320 kcal, 12 g fat, 38 g carbohydrate, 5 g fiber, 16 g protein, 590 mg sodium	Sustainable and traceable, gluten-free
Nuttin' Ordinary	Cashew Cheese Ravioli (coming soon)	3.25 oz (92 g)	290 kcal, 14 g fat, 35 g carbohydrate, 2 g fiber, 10 g protein, 340 mg sodium	Plant-based, five main ingredients, probiotic ingredient
O, That's Good!	Chicken Alfredo	1 cup (215 g)	220 kcal, 8 g fat, 24 g carbohydrate, 2 g fiber, 13 g protein, 500 mg sodium	Cauliflower replaces cream, lower carb
Saffron Road	Beef Bulgogi With Brown Rice	1 package (283 g)	340 kcal, 11 g fat, 41 g carbohydrate, 1 g fiber, 18 g protein, 590 mg sodium	Gluten-free, certified halal
Sweet Earth	Moroccan Tagine	1 package (255 g)	280 kcal, 6 g fat, 48 g carbohydrate, 10 g fiber, 11 g protein, 520 mg sodium	Vegan, organic
Wildscape	Peri Peri Portobellos, With Sweet Potatoes, Black Beans and Mango, Turmeric Barley, and Toasted Coconut	1 container (311 g)	380 kcal, 13 g fat, 52 g carbohydrate, 17 g fiber, 13 g protein, 560 mg sodium	See-through container, vegetarian, high-fiber