

Part 1 of a 2-Part Webinar Series

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PRIMED TO THRIVE
*Guidelines For a
Plant-Based Pregnancy*

Presented by Alexandra Caspero, MA, RD, CLT, RYT
Wednesday, January 15, 2020, 2-3 PM EST



Webinar Date: Wednesday, January 15, 2020
Time: 2-3 pm Eastern Time (ET)

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