## **Reference List**

CBD and Cannabis Use at the End of Life: Evolution and Evidence by Janice Newell Bissex, MS, RD, FAND June 3, 2020

## **References:**

- 1. Ahmed AIA, van den Elsen GAH, Colbers A, et al. Safety, pharmacodynamics, and pharmacokinetics of multiple oral doses of delta-9-tetrahydrocannabinol in older persons with dementia. *Psychopharmacology (Berl)*. 2015;232(14):2587-2595.
- Ancient history timeline. Holistic Cannabis Academy website. http://holisticcannabisacademy.com. Accessed February 7, 2020.
- 3. Atakan Z. Cannabis, a complex plant: different compounds and different effects on individuals. *Ther Adv Psychopharmacol*. 2012;2(6):241-254.
- 4. Babson KA, Sottile J, Morabito D. Cannabis, cannabinoids, and sleep: a review of the literature. *Curr Psychiatry Rep*. 2017;19(4):23.
- 5. Beale C, Broyd SJ, Chye Y, et al. Prolonged cannabidiol treatment effects on hippocampal subfield volumes in current cannabis users. *Cannabis Cannabinoid Res*. 2018;3(1):94-107.
- Blake DK. Marijuana statistics 2019, usage, trends and data. American Marijuana website. <a href="https://americanmarijuana.org/marijuana-statistics/">https://americanmarijuana.org/marijuana-statistics/</a>. Updated January 30, 2020. Accessed February 29, 2020.
- 7. Bonn-Miller MO, Loflin MJE, Thomas BF, Marcu JP, Hyke T, Vandrey R. Labeling accuracy of cannabidiol extracts sold online. *JAMA*. 2017;318(17):1708-1709.
- 8. Bonn-Miller MO, ElSohly MA, Loflin MJE, Chandra S, Vandrey R. Cannabis and cannabinoid drug development: evaluating botanical versus single molecule approaches. *Int Rev Psychiatry*. 2018;30(3):277-284.
- 9. Cannabidiol (CBD) what we know and what we don't. Harvard Health Publishing website. <a href="https://www.health.harvard.edu/blog/cannabidiol-cbd-what-we-know-and-what-we-dont-2018082414476">https://www.health.harvard.edu/blog/cannabidiol-cbd-what-we-know-and-what-we-dont-2018082414476</a>. Updated April 15, 2020.
- 10. Cannabinoids as antioxidants and neuroprotectants. PubChem website. <a href="https://pubchem.ncbi.nlm.nih.gov/patent/US6630507">https://pubchem.ncbi.nlm.nih.gov/patent/US6630507</a>
- 11. Devitt-Lee A. CBD-drug interactions: role of cytochrome P450. Project CBD website. <a href="https://www.projectcbd.org/medicine/cbd-drug-interactions/p450">https://www.projectcbd.org/medicine/cbd-drug-interactions/p450</a>. Published September 8, 2015. Accessed March 24, 2020.
- 12. Di Forti M, Quattrone D, Freeman TP, et al. The contribution of cannabis use to variation in the incidence of psychotic disorder across Europe (EU-GEI): a multicentre case-control study. *Lancet Psychiatry*. 2019;6(5):P427-P436.
- 13. Di Marzo V. The endocannabinoid system in obesity and type 2 diabetes. *Diabetologia*. 2008;51(8):1356-1367.
- 14. DiPatrizio NV. Endocannabinoids in the gut. Cannabis Cannabinoid Res. 2016;1(1):67-77.
- 15. Dosage. Holistic Cannabis Academy website. <a href="http://holisticcannabisacademy.com">http://holisticcannabisacademy.com</a>. Accessed February 7, 2020.
- 16. Drug scheduling. US Drug Enforcement Administration website. <a href="https://www.dea.gov/drug-scheduling">https://www.dea.gov/drug-scheduling</a>. Accessed February 7, 2020.
- 17. Esposito G, De Filippis D, Cirillo C, et al. Cannabidiol in inflammatory bowel diseases: a brief overview. *Phytother Res.* 2013;27(5):633-636.

- 18. Evanoff AB, Quan T, Dufault C, Awad M, Beirut LJ. Physicians-in-training are not prepared to prescribe medical marijuana. *Drug Alcohol Depend*. 2017;180:151-155.
- Fairbairn CE, Briley DA, Kang D, Fraley CR, Hankin BL, Ariss T. A meta-analysis of longitudinal associations between substance use and interpersonal attachment security. *Psychol Bull*. 2018;144(5):532-555.
- Fernández-Ruiz J, Moro MA, Martínez-Orgado J. Cannabinoids in neurodegenerative disorders and stroke/brain trauma: from preclinical models to clinical applications. *Neurotherapeutics*. 2015;12(4):793-806.
- 21. Gage SH, Hickman M, Zammit S. Association between cannabis and psychosis: epidemiologic evidence. *Biol Psychiatry*. 2016;79(7):549-556.
- 22. Garey J. Marijuana and psychosis. Child Mind Institute website. https://childmind.org/article/marijuana-and-psychosis/
- 23. Gong H Jr, Tashkin DP, Simmons MS, Calvarese B, Shapiro BJ. Acute and subacute bronchial effects of oral cannabinoids. *Clin Pharmacol Ther*. 1984;35(1):26-32.
- 24. Historical timeline. ProCon.org website. <a href="https://medicalmarijuana.procon.org/historical-timeline/">https://medicalmarijuana.procon.org/historical-timeline/</a>. Accessed February 7, 2020.
- 25. Idris AI, Sophocleous A, Landao-Bassonga E, et al. Cannabinoid receptor type 1 protects against age-related osteoporosis by regulating osteoblast and adipocyte differentiation in marrow stromal cells. *Cell Metab*. 2009;10(2):139-147.
- 26. Institute of Medicine. Marijuana and medicine: assessing the science base. <a href="https://www.ncbi.nlm.nih.gov/books/NBK230716/?report=reader">https://www.ncbi.nlm.nih.gov/books/NBK230716/?report=reader</a>. Published 1999. Accessed February 7, 2020.
- 27. Jacobs M. The difference between cannabinoids and terpenes. Analytical Cannabis website. <a href="https://www.analyticalcannabis.com/articles/the-difference-between-cannabinoids-and-terpenes-311502">https://www.analyticalcannabis.com/articles/the-difference-between-cannabinoids-and-terpenes-311502</a>. Published February 21, 2019. Accessed May 12, 2020.
- 28. Jadoon KA, Ratcliffe SH, Barrett DA, et al. Efficacy and safety of cannabidiol and tetrahydrocannabivarin on glycemic and lipid parameters in patients with type 2 diabetes: a randomized, double-blind, placebo-controlled, parallel group pilot study. *Diabetes Care*. 2016;39(10):1777-1786.
- 29. Karhson DS, Krasinska KM, Dallaire JA, et al. Plasma anandamide concentrations are lower in children with autism spectrum disorder. *Mol Autism*. 2018;9:18.
- Kogan NM, Melamed E, Wasserman E, et al. Cannabidiol, a major non-psychotropic cannabis constituent enhances fracture healing and stimulates lysyl hydroxylase activity in osteoblasts. J Bone Miner Res. 2015;30(10):1905-1913.
- 31. Kossen J. How does cannabis interact with other drugs?

  <a href="https://www.leafly.com/news/health/cannabis-cannabinoids-drug-interactions">https://www.leafly.com/news/health/cannabis-cannabinoids-drug-interactions</a>. Published March 23, 2017.
- 32. Lee JLC, Bertoglio LJ, Guimarães FS, Stevenson CW. Cannabidiol regulation of emotion and emotional memory processing: relevance for treating anxiety-related and substance abuse disorders. *Br J Pharmacol*. 2017;174(19):3242-3256.
- 33. Manzanares J, Julian MD, Carrascosa A. Role of the cannabinoid system in pain control and therapeutic implications for the management of acute and chronic pain episodes. *Curr Neuropharmacol*. 2006;4(3):239-257.
- 34. Medicinal use of marijuana. *N Engl J Med*. 2013;368:866-868.
- 35. National Academies of Sciences, Engineering, and Medicine. The health effects of cannabis and cannabinoids: the current state of evidence and recommendations for research. <a href="https://www.nap.edu/catalog/24625/the-health-effects-of-cannabis-and-cannabinoids-the-current-state">https://www.nap.edu/catalog/24625/the-health-effects-of-cannabis-and-cannabinoids-the-current-state</a>. Published 2017.

- 36. Oláh A, Tóth BI, Borbíró I, et al. Cannabidiol exerts sebostatic and antiinflammatory effects on human sebocytes. *J Clin Invest*. 2014;124(9):3713-3724.
- 37. Patel S, Shua-Hain JR, Pass M. Safety and efficacy of dronabinol in the treatment of agitation in patients with Alzheimer's disease with ANOREXIA: A retrospective chart review. Paper presented at: International Psychogeriatric Association Eleventh International Congress; August 2003; Chicago, IL.
- 38. Penner EA, Buettner H, Mittleman MA. The impact of marijuana use on glucose, insulin, and insulin resistance among US adults. *Am J Med*. 2013;126(7):583-589.
- 39. Pretzsch CM, Freyberg J, Voinescu B, et al. Effects of cannabidiol on brain excitation and inhibition systems; a randomised placebo-controlled single dose trial during magnetic resonance spectroscopy in adults with and without autism spectrum disorder. *Neuropsychopharmacology*. 2019;44(8):1398-1405.
- 40. Reid MC, Eccleston C, Pillemer K. Management of chronic pain in older adults. *BMJ*. 2015;350:h532
- 41. Rettew D. Does marijuana cause psychosis? *Psychology Today* website. <a href="https://www.psychologytoday.com/us/blog/abcs-child-psychiatry/201601/does-marijuana-cause-psychosis">https://www.psychologytoday.com/us/blog/abcs-child-psychiatry/201601/does-marijuana-cause-psychosis</a>. Published January 6, 2016. Accessed April 7, 2020
- 42. Ross JM, Ellingson JM, Rhee SH, et. al. Investigating the causal effect of cannabis use on cognitive function with a quasi-experimental co-twin design. *Drug Alcohol Depend*. 2020;206:107712.
- 43. Russo EB. Taming THC: potential cannabis synergy and phytocannabinoid-terpenoid entourage effects. *Br J Pharmacol*. 2011;163(7):1344-1364.
- 44. Sallaberry CA, Astern L. The endocannabinoid system, our universal regulator. *J Young Investig*. 2018;34(6):48-55.
- 45. Turcotte C, Blanchet MR, Lavoilette M, Flamand N. The CB2 receptor and its role as a regulator of inflammation. *Cell Mol Life Sci*. 2016;73:4449-4470.
- 46. 2018 Farm Bill. United States Senate Committee on Agriculture, Nutrition, & Forestry website. <a href="https://www.agriculture.senate.gov/2018-farm-bill">https://www.agriculture.senate.gov/2018-farm-bill</a>. Accessed February 7, 2020.
- 47. Walter J. What science knows about marijuana's health benefits. Discover website. <a href="https://www.discovermagazine.com/mind/what-science-knows-about-marijuanas-health-benefits">https://www.discovermagazine.com/mind/what-science-knows-about-marijuanas-health-benefits</a>. Published February 7, 2020. Accessed February 29, 2020.
- 48. Weed: a CNN report by Dr. Sanjay Gupta. CannaTech website. <a href="https://www.canna-tech.co/uncategorized/weed-a-cnn-special-report-by-dr-sanjay-gupta/">https://www.canna-tech.co/uncategorized/weed-a-cnn-special-report-by-dr-sanjay-gupta/</a>. Published June 16, 2016. Accessed February 7, 2020.
- 49. Weed & the American family. Marist Poll website. <a href="http://maristpoll.marist.edu/yahoo-newsmarist-poll/#sthash.xJBqyZYP.Gpzcd2Hv.dpbs">http://maristpoll.marist.edu/yahoo-newsmarist-poll/#sthash.xJBqyZYP.Gpzcd2Hv.dpbs</a>. Accessed February 29, 2020.
- 50. Weiss L, Zeira M, Reich S, et al. Cannabidiol lowers incidence of diabetes in non-obese diabetic mice. *Autoimmunity*. 2006;39(2):143-151.
- What is marijuana? National Institute on Drug Abuse website.
   <a href="https://www.drugabuse.gov/publications/drugfacts/marijuana">https://www.drugabuse.gov/publications/drugfacts/marijuana</a>. Updated December 2019. Accessed April 7, 2020.
- 52. Wiese B, Wilson-Poe AR. Emerging evidence for cannabis' role in opioid use disorder. *Cannabis Cannabinoid Res*. 2018;3(1):179-189.
- 53. Wium-Anderson MK, Ørsted DD, Nielsen SF, Nordestgaard BG. Elevated C-reactive protein levels, psychological distress, and depression in 73,131 individuals. *JAMA Psychiatry*. 2013;70(2):176-184.

54. World Health Organization. Cannabidiol (CBD): critical review report.

<a href="https://www.who.int/medicines/access/controlled-substances/CannabidiolCriticalReview.pdf">https://www.who.int/medicines/access/controlled-substances/CannabidiolCriticalReview.pdf</a>.

Published 2018. Accessed February 27, 2020.