

EXCLUSIVE WEBINAR PRESENTATION

Shifting Our Clients' Focus from Weight to Wellbeing
The Essential Role of Self-Compassion

Presented by Jenna Hollenstein, MS, RD, CDN

Wednesday, March 18, 2020
2–3 PM EDT

Earn 1 CEU



Webinar Date: Wednesday, March 18, 2020

Time: 2-3 pm Eastern Time (ET)

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