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**Changing the Conversation:
Culinary Techniques To Meet The Needs Of
A Client's Diagnosis Without Sacrificing Flavor
For Digestive Disorders**

Part 2 of a 4-Part Series

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ENC
EGG NUTRITION CENTER

Presented by Chef/RDs Abbie Gellman & Julie Harrington on Tuesday, June 18, 2019, from 2-3 PM EDT

Date: Tuesday, 18 June 2019

Time: 2-3 pm Eastern Time (ET)

Convert to your time zone at: <http://www.timeanddate.com/worldclock/converter.html>

Suggested CDR Learning Codes: 5220, 6010, 8060, 8100

Suggested CDR Performance Indicators: 8.1.5, 8.3.6, 8.4.1, 8.4.5

CPE Level 2

Change the conversation when discussing dietary protocol with clients. Instead of educating them on what they need to limit or "can't have" per diagnosis protocol, empower them with foods they CAN eat and healthy cooking techniques that can be utilized at home to prepare flavorful food. Bridge the gap of nutrition education with what clients understand about food.

In Part 2 of this 4-part webinar series, **Chefs Abbie Gellman, MS, RD, CDN and Julie Harrington, RD, on Tuesday, June 18, 2019, from 2-3 pm ET** will teach you how to work with your clients who have digestive disorders, so they can enjoy food while managing their diagnoses. The presenters use evidence-based science but translate it through food and behavior change techniques specifically geared toward the client with digestive disorders. Learn how to evaluate clients' cooking skills and confidence in the kitchen and set realistic food-focused behavior change goals.

Learning Objectives:

After completing this continuing education course, nutrition professionals should be able to:

1. Make evidence-based nutrition education relatable to clients through "food talk."
2. Discuss the impact culinary nutrition programs can have on behavior mediators such as stress, knowledge, confidence, and goal setting.
3. Identify a variety of culinary nutrition needs and tips related to some of the most frequently diagnosed diseases, including diabetes, autoimmune diseases, digestive disorders and heart disease, and how to help clients integrate them into their diets.
4. Learn how to evaluate clients' cooking skills in order to work on setting appropriate goals.

Call **877-925-CELL (2355)** or e-mail ce@gvpub.com with any questions.

How to Join the Webinar

1. Go to https://goto.webcasts.com/starthere.jsp?ei=1249217&tp_key=aa7076825e
2. Log in with the e-mail address you used during registration.
3. Unmute your computer speakers if necessary.

Handouts

A copy of the presentation slideshow will be available to download during the webinar in the live presentation viewer under the “Event Resources” tab.

System Requirements

Operating System	Internet Browser	Media Playback	Audio
PC-based attendees: Windows® 10, Windows 8.1+Pro, Windows 7	Google Chrome 60+, Internet Explorer 11+, Firefox 55+, Safari 10+, Edge Browser	HTML5 streaming enabled browser	Audio must be streamed through computer speakers or mobile device.
Macintosh®-based attendees: Mac OS® X 10.10+		Apple iOS http streaming enabled browser	We recommend using Firefox or Google Chrome for optimal experience.
Mobile attendees: Apple iOS 10+ or Android 4.4+		Android http streaming enabled browser	

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