

EXCLUSIVE WEBINAR PRESENTATION

Advancements in the Treatment of Emotional Eating and Binge Eating Disorder *An Interdisciplinary Approach*

Presented by Dr. Christy McElroy, PsyD,
and Emily Presbrey, MS, RD, LDN

Wednesday, June 12, 2019
2-3 PM EDT



Date: Wednesday, June 12, 2019

Time: 2-3 pm Eastern Time (ET)

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Suggested CDR Learning Codes: 4010, 4040, 5200, 6060; Level 2

Suggested CDR Performance Indicators: 8.1.1, 8.2.1, 8.4.5, 9.1.3

This engaging webinar led by Dr. Christy McElroy, PsyD and Emily Presbrey, MS, RD, LDN, includes the nutritional approach to treating individuals struggling with BED and how this is implemented in practice is elemental to this session. The presenters will focus on the importance of treating eating disorders using an interdisciplinary team, specifically emotional eating and binge eating disorder, as well as how providers can work towards developing and applying a new standard of patient care.

Learning Objectives:

After completing this continuing education course, nutrition professionals should be able to:

1. Recognize and understand the signs, symptoms, prevalence, and approaches in the treatment of emotional eating and Binge Eating Disorder (BED).
2. Explain the interdisciplinary approach to the treatment of emotional eating and BED.
3. Develop a new standard of care by understanding how weight biases and health care approaches, as providers, affect the quality of care for patients.

How to Join the Webinar

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Handouts

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System Requirements

Operating System	Internet Browser	Media Playback	Audio
PC-based attendees: Windows® 10, Windows 8.1+Pro, Windows 7 Macintosh®-based attendees: Mac OS® X 10.10+ Mobile attendees: Apple iOS 10+ or Android 4.4+	Google Chrome 60+, Internet Explorer 11+, Firefox 55+, Safari 10+, Edge Browser	HTML5 streaming enabled browser Apple iOS http streaming enabled browser Android http streaming enabled browser	Audio must be streamed through computer speakers or mobile device. We recommend using Firefox or Google Chrome for optimal experience.

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