MEAL PLANNING SOFTWARE PROGRAMS FOR RDs

	LIVING PLATE RX	EATLOVE PRO	THAT CLEAN LIFE	MEAL GARDEN
Company Website	livingplaterx.com	eatlove.is/pro	thatcleanlife.com	mealgarden.com
Number of Meal Plans	32 Prime members can create additional "signature" plans	Automatically generated based on nutrition data, cooking skill level, and cooking time	70+	600
Number of Recipes	Figure not available	6,000+	2,000+	7,000+ (2,500 have been reviewed by health professionals)
Recipe Sources	Staff RDs, chefs, and partner programs	Cookbook authors, chefs, RDs, and an in-house team	In-house recipe developers and RDs	Community of users Some recipes have been tested and reviewed by the creative team.
Recipe Search	Recipes are easy to search but are tied to specific meal plans, so not all are accessible for every meal plan.	Search recipes by meal type, cook time, nutrition targets, and ingredient.	Search recipes by ingredient, prep time and cook time, tags, and nutrients.	Search recipes by ingredient and nutrient. Curate recipe collections to share with clients, so they see only what you want them to.
Ability to Add Recipes	With Prime membership	Yes	Yes	Yes
Shopping List	Yes	Yes	Yes	Yes
Ability to Show/ Hide Nutrition Data	Yes	Yes	Yes	Yes
Client Interaction Encouraged	Yes Company is working on a mobile app that will give clients access to meal plans and shopping lists.	Yes Program has food logging functionality. Clients can swap recipes, access a messaging system, and use a mobile app.	No RDs assemble a PDF including recipes, shopping lists, and prep guides, and e-mail it to clients. Company is working on an interactive component.	Yes Clients can use a secure app with an encrypted messaging system, and access meal plans, recipes, and shopping lists.
Ability to Customize and Brand Materials	Yes	Yes	Yes	Yes
Additional Education Materials	Yes Available with Prime membership: complete lesson plans and courses, handouts, customizable blog posts, e-books, business tools, social media posts, and videos.	No Program is based on meal plans and recipes. RDs can add additional recommendations, and the messaging system allows for interactive coaching.	Yes Recipe driven; RDs can print recipe books and meal plans, import their own recipes, and create handouts.	Yes Program includes a document hub to add additional education materials for use and embed videos and articles.
Price	Free membership gives RDs access to the basic meal planning platform and can pay as they go to use added features. Clients pay subscriptions starting at $9/month, and RDs make a 30% commission. Prime membership is $499/year or $49/month.	Various packages are available. Free membership (limited functionality). For the starter package, paid membership up to $54/ month billed annually.	$60/month or $600/year	$30 per month, unlimited clients, and can cancel at any time.
Customer Support	• Facebook group with frequent live sessions • Responsive e-mail and web support • Masterclass with thorough video lessons	• FAQ section • Business strategy calls • Facebook group • Responsive customer support	• Advanced training available • Coaching sessions • Online support available • Response time is a few hours • Facebook group	• Online support available • 24-hour response time • FAQ section is limited • Facebook group