

# SYMPOSIUM SCHEDULE

## Sunday, May 21

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
12:00 PM – 4:30 PM (4.0 credits)	<b>WORKSHOP</b> <b>Building A Better Blog</b> <i>An RD's Guide to Starting a Blog, Finding Your Voice, and Perfecting Your Promotion Online</i>	Regan Miller Jones, RD	Astor Ballroom
5:00 PM – 6:15 PM	<b>Keynote</b>	Dr. Felicia Stoler, DCN, MS, RDN, FACSM, FAND	Astor Ballroom

## Monday, May 22

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
7:00 AM – 8:30 AM	<b>CONVERSATIONAL BREAKFAST</b>		Astor Ballroom
8:45 AM – 10:15 AM (1.5 credits)	<b>The Breakfast Controversy</b> <i>Is It Really the Most Important Meal of the Day or Another Excuse to Eat Dessert?</i>	Lauren Harris-Pincus, MS, RDN	St Charles Ballroom
	<b>#EatClean</b> <i>What's It Mean? The Health, the Hype, the How-to</i>	Michelle Dudash, RDN	Astor Ballroom
10:30 AM – 12:00 PM (1.5 credits)	<b>How to Counsel a Vegan Client With Confidence and Expertise</b> <i>It's Not as Challenging as You Think!</i>	Matt Ruscigno, MPH, RD	St Charles Ballroom
	<b>The Future of Nutrition and Dietetics</b>	Becky Dorner, RDN, LD, FAND	Astor Ballroom
12:00 PM – 2:00 PM	<b>LUNCH/EXHIBITS</b>		Grand Ballroom
2:00 PM – 3:30 PM (1.5 credits)	<b>The Savvy Dietitian's Guide to Modern Agriculture</b>	Amy Myrdal Miller, MS, RDN, FAND	St Charles Ballroom
	<b>Translating Saturated Fat Recommendations</b> <i>What to Think of Fats and Oils</i>	Penny Kris-Etherton, PhD, RD, FAHA, FNLA, FASN, CLS	Astor Ballroom
3:45 PM – 5:15 PM (1.5 credits)	<b>Using Supermarket Selling Strategies to Nudge Shoppers Towards Better Health</b>	Barbara Ruhs, MS, RDN, LDN	St Charles Ballroom
	<b>The FODMAP Story</b> <i>Unraveling the Latest Research</i>	Kate Scarlata, RDN	Astor Ballroom
5:30 PM – 6:30 PM	<b>HAPPY HOUR</b>		Grand Gallery and Bourbon Balcony

## Tuesday, May 23

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
7:00 AM – 8:30 AM	<b>CONVERSATIONAL BREAKFAST</b>		Astor Ballroom
8:45 AM – 10:15 AM (1.5 credits)	<b>US Hispanic Health &amp; Purchasing Behavior</b> <i>Current Trends Relevant for Dietitians</i>	Sylvia Klinger, MS, RD	St Charles Ballroom
	<b>Integrative and Functional Nutrition Therapy for Mood Disorders</b>	Kathie Swift, MS, RDN, LDN, FAND, EBQ	Astor Ballroom
10:30 AM – 12:00 PM (1.5 credits)	<b>Effective Communication of Culinary Advancement in Nutrition</b> <i>What, Where, Why, &amp; How?</i>	Elizabeth Shaw, MS, RDN, CLT	St Charles Ballroom
	<b>The End of Dieting</b> <i>Why People Are Tossing Their Diet Books and Smashing Their Scales — And What You Can Do to Help Them Succeed</i>	Rebecca Scritchfield, MA, RDN, HFS	Astor Ballroom
12:00 PM – 2:00 PM	<b>LUNCH/EXHIBITS</b>		Grand Ballroom
2:00 PM – 3:30 PM (1.5 credits)	<b>Family Meals Matter</b> <i>Barriers, Benefits, and Strategies for Eating Together</i>	Liz Weiss, MS, RD	St Charles Ballroom
	<b>Express, Engage, Empower!</b> <i>Be a Better Speaker</i>	Melissa Dobbins, MS, RDN, CDE	Astor Ballroom
3:45 PM – 5:15 PM (1.5 credits)	<b>Reducing our Environmental "Food-Print"</b> <i>The Necessity for Collaboration</i>	Chris Vogliano, MS, RD	St Charles Ballroom
	<b>Healthy and Southern? You Bet Your Biscuits!</b>	Carolyn O'Neil, MS, RDN, LD	Astor Ballroom

## Wednesday, May 24

TIME	EVENT/SESSION	PRESENTER/INSTRUCTOR	ROOM
7:00 AM – 8:15 AM	<b>CONVERSATIONAL BREAKFAST</b>		Astor Ballroom
8:30 AM – 1:00 PM (4.0 credits)	<b>WORKSHOP</b> <b>Type 2 Diabetes Bootcamp</b>	Hope Warshaw, MMSc, RD, CDE, BC-ADM, and Jill Weisenberger, MS, RDN, CDE, CHWC, FAND	Astor Ballroom