

Monday, May 19

| TIME | EVENT | INSTRUCTOR/SPEAKER | ROOM |
|---------------------|--|--|-----------------|
| 7:00 AM - 8:30 AM | Keynote Breakfast | Dr. Brad Neider | Cohiba 8/9 |
| 8:45 AM - 10:15 AM | Fad Diets <i>Dissecting the Hype and the Science</i> | Toby Amidor, MS, RD, CDN | Cohiba 8/9 |
| 10:15 AM - 10:45 AM | BREAK | | Montecristo 3/4 |
| 10:45 AM - 12:15 PM | Plant-Powered for Life | Sharon Palmer, RD | Cohiba 11 |
| | Diabetes and Heart Disease | Jill Weisenberger, MS, RD, CDE | Cohiba 10 |
| | Social Media 2.0 <i>Dietitians Investing in the Blogosphere</i> | Robin Plotkin, RD, LD | Montecristo 1/2 |
| 12:15 PM - 1:15 PM | LUNCH | | Cohiba 8/9 |
| 1:15 PM - 2:45 PM | Inspirational Leadership | Becky Dorner, RDN, LD, FAND | Cohiba 11 |
| | The Diabetes-Cancer Connection | Karen Collins, MS, RDN, CDN | Cohiba 10 |
| | Retail Dietetics Careers | Barbara Ruhs, MS, RD, LDN | Montecristo 1/2 |
| 2:45 PM - 3:15 PM | BREAK/BOOK & PRODUCT SHOWCASE | | Montecristo 3/4 |
| 3:15 PM - 4:45 PM | Health Benefits of Spices Around the World and Flavor Trends for 2014 | Constance Brown-Riggs, MEd, RD, CDE, CDN | Cohiba 11 |
| | Popular Dietary Supplements <i>A Common Cause for Concern</i> | Dana Angelo White, MS, RD, ATC | Cohiba 10 |
| | Affect Change <i>Today's Dietitian and Food Marketing and Promotion</i> | Jenna A. Bell, PhD, RD | Montecristo 1/2 |
| 5:00 PM - 6:00 PM | Professional Development Roundtable <i>A Dialogue on Business Development</i> | | Cohiba 8/9 |

Tuesday, May 20

| TIME | EVENT | INSTRUCTOR/SPEAKER | ROOM |
|---------------------|---|--|--------------------------|
| 7:00 AM - 8:30 AM | Yoga | Angie Negrete-Markle, RYT 200 | Wedding Chapel Courtyard |
| 8:45 AM - 10:15 AM | Diabetes — Common but Complicated | Jill Weisenberger, MS, RD, CDE | Cohiba 8/9 |
| 10:15 AM - 10:45 AM | BREAK | | Montecristo 3/4 |
| 10:45 AM - 12:15 PM | Using Social Media to Communicate Health Messages and Promote the RD | Robin Plotkin, RD, LD | Cohiba 11 |
| | Cooking Tips for Shortfall Nutrients | Dana Angelo White, MS, RD, ATC | Cohiba 10 |
| | Bananas and Granola Bars | Becky Dorner, RDN, LD, FAND | Montecristo 1/2 |
| 12:15 PM - 1:15 PM | LUNCH | | Cohiba 8/9 |
| 1:15 PM - 2:45 PM | "But I Saw It on the Internet!" <i>Helping People Distinguish Evidence-Based Strategies to Reduce Cancer Risk from Anecdotal Hearsay</i> | Karen Collins, MS, RDN, CDN | Cohiba 11 |
| | Eating for the Everyday Ironman | Jenna A. Bell, PhD, RD | Cohiba 10 |
| | RDs Get Sustainable | Sharon Palmer, RD | Montecristo 1/2 |
| 2:45 PM - 3:15 PM | BREAK/BOOK & PRODUCT SHOWCASE | | Montecristo 3/4 |
| 3:15 PM - 4:45 PM | Lactose Intolerance | Toby Amidor, MS, RD, CDN | Cohiba 11 |
| | Supermarket Nutrition & Public Health Resources for Today's Dietitian | Barbara Ruhs, MS, RD, LDN | Cohiba 10 |
| | Diabetes in the African American Population | Constance Brown-Riggs, MEd, RD, CDE, CDN | Montecristo 1/2 |
| 5:00 PM - 6:00 PM | Professional Development Roundtable <i>Positioning Yourself as a Voice of the Profession</i> | | Cohiba 8/9 |