

A PRIOR KNOWLEDGE PRECLASS ASSESSMENT

Welcome to our nutrition class. You are preregistered. To help us create a class that meets your needs, please complete the following questionnaire.

1. I am interested in nutrition.

- a) True
- b) Somewhat true
- c) Somewhat false
- d) False

2. I studied nutrition in (check all that apply):

- a) Grade school
- b) Middle school
- c) High school
- d) College
- e) Graduate school
- f) I did not study nutrition in school.

3. I work, or used to work, in a foodservice environment.

- a) True (If so, where and what do you do or did you do?)
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- b) False

4. I learn about nutrition from the following sources (check all that apply):

- a) Pamphlets the doctor gives me
- b) School textbooks about health or nutrition
- c) Pinterest boards about food and diet
- d) TV talk shows that discuss a diet concept
- e) Online articles from news outlets
- f) Scientific and medical study reports
- g) Discussions with my peers and family members
- h) Other sources of information

5. I follow a diet plan already.

- a) True (Please write what it is and how you follow it.)
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- b) False (Please briefly describe the way you eat.)
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