

COMPLIMENTARY WEBINAR PRESENTATION

BABY-LED WEANING:

A step-by-step guide to starting solids using a safe, practical, and natural alternative to spoon-feeding purees



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Presented by Katie Ferraro, MPH, RDN, CDE • Tuesday, April 25, 2-3 PM EDT

Date: Tuesday, April 25, 2017

Time: 2-3 pm Eastern Time (EDT)

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Suggested CDR Learning Codes: 3050, 4150, 5070; Level 2

Suggested CDR Performance Indicators: 8.1.4, 8.2.1, 8.3.6

In this presentation, **Katie Ferraro, MPH, RDN, CDE**, mom of 5 and self-proclaimed baby-led feeding fanatic, is going to run you through everything you need to know about this safe and natural alternative to spoon-feeding. You'll learn about the baby-led approach to feeding philosophy and we'll cover ideal starter foods and tips for pushing a baby's palate. By the end of this webinar, you will be more confident about your ability to incorporate baby-led weaning either in your own family or your nutrition practice.

Learning Objectives

After completing this continuing education course, nutrition professionals should be able to:

1. Understand the baby-led weaning philosophy and interpret research that supports a baby-led approach to feeding
2. Recommend ideal first foods for starting baby-led weaning and combination foods for more advanced babies
3. Implement a baby-led approach to feeding in your own family or a nutrition counseling setting

How to Join the Webinar

1. Go to <https://goto.webcasts.com/starthere.jsp?ei=1141657>.
2. Log in with the e-mail address you used during registration.
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Handouts

Visit the "[Webinar Materials](#)" section of our Resources tab for a copy of the slideshow PDF, resources, and other handouts. Handouts will also be available to download during the webinar in the live presentation viewer under the "Event Resources" tab.

Call **877-925-CELL (2355)** Monday through Friday from 9 am to 5 pm ET or e-mail ce@gvpub.com with any questions.

System Requirements

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Windows 10	Google Chrome 50+	Adobe Flash Player 20+	Audio must be streamed through computer speakers or mobile device.
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Windows 7	Firefox 46+	Android http streaming enabled browser	We recommend using Firefox or Google Chrome for optimal experience.
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