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**Complimentary
1-CEU Webinar Presentation**

**Evidence-Based Nutrition:
The Problem of Proof**

Thursday, December 1, from 2-3 PM EST

Presented by Jeffrey B. Blumberg, PhD, FASN, FACN

Date: Thursday, December 1, 2016

Time: 2-3 pm Eastern Time (ET)

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Suggested CDR Learning Codes: 9020, 9050, 9060, 9070; Level 2

Suggested CDR Performance Indicators: 4.1.2, 6.2.1, 6.2.5, 6.3.11

In this webinar, Dr. Jeffrey B. Blumberg, Professor at the Friedman School of Nutrition Science and Policy, will provide an overview of the common research strategies for evidence-based nutrition and will provide RDs with relevant and practical skills for interpreting data and evidence-based recommendations to patients and clients.

Learning Objectives

After completing this continuing education course, nutrition professionals should be able to:

1. Describe the hierarchy of research strategies for evidence-based nutrition.
2. Outline the strengths and limitations of each research strategy to establish the relationship between a nutrient, food or dietary pattern and a health outcome.
3. Discuss some key distinguishing characteristics between the nature of randomized clinical trials on nutrition versus drug interventions.
4. Understand the difference between confidence in and certainty of research results for their translation into action or policy.

How to Join the Webinar

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Handouts

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System Requirements

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