

Reference List

Healthier Kidneys Through Your Kitchen: Earlier Nutrition Intervention for Chronic Kidney Disease

Rebecca Schlueter, RD, LD

October 19, 2021

References:

1. Kalantar-Zadeh K, Joshi S, Schlueter R, et al. Plant-dominant low-protein diet for conservative management of chronic kidney disease. *Nutrients*. 2020;12(7):1931.
2. Moore J. Whole-food low-protein plant-based nutrition to prevent or slow progression of chronic kidney disease. *J Ren Nutr*. 2021;31(2):e1-e4.
3. Kalantar-Zadeh K, Moore LW. Does kidney longevity mean healthy vegan food and less meat or is any low-protein diet good enough? *J Ren Nutr*. 2019;29(2):79-81.
4. Moore LW, Bayham-Gray LD, Parrott JS, et al. The mean dietary protein intake at different stages of chronic kidney disease is higher than current guidelines. *Kidney Int*. 2013;83(4):724-732.
5. Kalantar-Zadeh K, Moore LW, Tortorici AR, et al. North American experience with low protein diet for non-dialysis-dependent chronic kidney disease. *BMC Nephrol*. 2016;17(1):90.
6. Ikizler TA, Burrowes JD, Byham-Gray LD, et al. KDOQI clinical practice guideline for nutrition in CKD: 2020 update. *Am J Kidney Dis*. 2020;76(3 Suppl 1):S1-S107.
7. Kistler BM, Moore LW, Benner D, et al. The International Society of Renal Nutrition and Metabolism commentary on the National Kidney Foundation and Academy of Nutrition and Dietetics KDOQI clinical practice guideline for nutrition in chronic kidney disease. *J Ren Nutr*. 2021;31(2):116-120.e1.
8. Kalantar-Zadeh K, Fouque D. Nutritional management of chronic kidney disease. *N Engl J Med*. 2017;377:1765-1776.
9. Introduction: Standards of Medical Care in Diabetes-2018. *Diabetes Care*. 2018;41(Suppl 1):S1-S2.
10. Kramer H, Jimenez EY, Brommage D, et al. Medical nutrition therapy for patients with non-dialysis-dependent chronic kidney disease: barriers and solutions. *J Acad Nutr Diet*. 2018;118(10):1958-1965.
11. National Kidney Foundation website. <https://www.kidney.org/>
12. VA health care. U.S. Department of Veterans Affairs website. <https://www.va.gov/qualityandpatientsafety/>. Updated January 19, 2021.