

Exclusive Webinar Presentation

Weight Stigma: Keys to Understanding



Presented by Carrie Dennett, MPH, RDN, CD, on Wednesday, March 27, 2019, 2–3 PM EDT

Date: Wednesday, March 27, 2019

Time: 2-3 pm Eastern Time (ET)

Convert to your time zone at: <http://www.timeanddate.com/worldclock/converter.html>

Suggested CDR Learning Codes: 4000, 4090, 5200, 6020; Level 2

Suggested CDR Performance Indicators: 2.2.2, 4.2.2, 8.2.2

CDR Activity Type 171

This webinar presented by Carrie Dennett, MPH, RDN, CD on Wednesday, March 27, from 2-3 PM EST will review the growing body of research identifying negative physical and psychosocial health consequences of weight stigma, and attendees will leave with a better understanding of how to critically assess obesity research and evaluate their own biases and assumption, enabling them to provide better patient care.

Learning Objectives:

After completing this continuing education course, nutrition professionals should be able to:

1. Better evaluate research on weight and health.
2. Use non-stigmatizing language in written and oral communications.
3. Demonstrate an understanding of the impact of external and internalized weight stigma.
4. Identify personal weight-based biases and stereotypes.
5. List resources for further education on weight stigma.

How to Join the Webinar

1. Go to <https://goto.webcasts.com/starthere.jsp?ei=1225076>.
2. Log in with the e-mail address you used during registration.
3. Unmute your computer speakers or mobile device if necessary.

Handouts

A copy of the presentation slideshow will be available to download during the webinar in the live presentation viewer under the “Event Resources” tab.

Call **877-925-CELL (2355)** Monday through Friday from 9 am to 5 pm ET or e-mail ce@gvpub.com with any questions.



System Requirements

Operating System	Internet Browser	Media Playback	Audio
PC-based attendees: Windows® 10, Windows 8.1+Pro, Windows 7	Google Chrome 60+, Internet Explorer 11+, Firefox 55+, Safari 10+, Edge Browser	HTML5 streaming enabled browser	Audio must be streamed through computer speakers or mobile device.
Macintosh®-based attendees: Mac OS® X 10.10+		Apple iOS http streaming enabled browser	We recommend using Firefox or Google Chrome for optimal experience.
Mobile attendees: Apple iOs 10+ or Android 4.4+		Android http streaming enabled browser	

Test Your System & Audio: <https://goto.webcasts.com/test/>

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Credit Claiming: You must complete a brief evaluation of the program in order to claim your credits and download your certificate. The evaluation will be available immediately following the presentation on www.CE.TodaysDietitian.com. Evaluations must be submitted within 1 year of the live program in order to obtain credit. You do not need to complete the evaluation on March 27, 2019.

Credit Claiming Instructions:

1. Log on to <http://www.ce.todaysdietitian.com/WeightStigma>, go to “My Courses” and click on the webinar title.
2. Click “Take Course” on the webinar description page.
3. Select “Start/Resume Course” on the webinar description page. If you do not see this button, you may need to select “Start” on the Webinar Evaluation step.
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