



**Date: Tuesday, April 2, 2019**

**Time: 2-3 pm Eastern Time (ET)**

Convert to your time zone at: <http://www.timeanddate.com/worldclock/converter.html>

*Suggested CDR Learning Codes: 2090, 3100, 4120, 5160; Level 2*

*Suggested CDR Performance Indicators: 8.1.3, 8.1.4, 8.3.6, 10.4.4*

This webinar presented by Andrea Rosanoff, PhD, and Stella Lucia Volpe, PhD, RDN, ACSM-CEP, FACSM, on Tuesday, April 2, 2019, from 2-3 pm EDT, will provide an updated review to help RDs better assess clients' magnesium status in relation to age and gender, help clients adjust magnesium intake, and make appropriate recommendations for magnesium supplementation.

### **Learning Objectives:**

After completing this continuing education course, nutrition professionals should be able to:

1. Discuss the low magnesium status of age/gender groups in the United States.
2. Identify possible health impacts of the US population's generally low magnesium status.
3. List reasons for this generally low magnesium intake and develop strategies for overcoming barriers.
4. Implement dietary modifications to enhance magnesium intake, as well as supplementation if needed.

### **How to Join the Webinar**

1. Go to <https://goto.webcasts.com/starthere.jsp?ei=1235686>.
2. Log in with the e-mail address you used during registration.
3. Unmute your computer speakers or mobile device if necessary.

### **Handouts**

A copy of the presentation slideshow will be available to download during the webinar in the live presentation viewer under the "Event Resources" tab.

Call **877-925-CELL (2355)** Monday through Friday from 9 am to 5 pm ET or e-mail [ce@gvpub.com](mailto:ce@gvpub.com) with any questions.



## System Requirements

Operating System	Internet Browser	Media Playback	Audio
PC-based attendees: Windows® 10, Windows 8.1+Pro, Windows 7	Google Chrome 60+, Internet Explorer 11+, Firefox 55+, Safari 10+, Edge Browser	HTML5 streaming enabled browser	Audio must be streamed through computer speakers or mobile device.
Macintosh®-based attendees: Mac OS® X 10.10+		Apple iOS http streaming enabled browser	We recommend using Firefox or Google Chrome for optimal experience.
Mobile attendees: Apple iOS 10+ or Android 4.4+		Android http streaming enabled browser	

**Test Your System & Audio:** <https://goto.webcasts.com/test/>

**Please Note:** If you will be viewing the presentation on a work computer, we recommend that you log in early and test your system to verify that your company firewall allows access to GoToWebcast. You may need to contact your IT service provider to make sure that the website is enabled.

**Credit Claiming:** You must complete a brief evaluation of the program in order to claim your credits and download your certificate. The evaluation will be available immediately following the presentation on [www.CE.TodaysDietitian.com](http://www.CE.TodaysDietitian.com). Evaluations must be submitted within 1 year of the live program in order to obtain credit. You do not need to complete the evaluation on April 2, 2019.

### Credit Claiming Instructions:

1. Log on to <http://www.ce.todaysdietitian.com/Magnesium>, go to “My Courses” and click on the webinar title.
2. Click “Take Course” on the webinar description page.
3. Select “Start/Resume Course” on the webinar description page. If you do not see this button, you may need to select “Start” on the Webinar Evaluation step.
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