



Date: Wednesday, April 17, 2019

Time: 2-3 pm Eastern Time (ET)

Convert to your time zone at: <http://www.timeanddate.com/worldclock/converter.html>

Suggested CDR Learning Codes: 1040, 4010, 6020, 8015; Level 2

Suggested CDR Performance Indicators: 1.3.6, 1.3.9, 8.2.1, 8.2.3

This webinar presented by Constance Brown-Riggs, MEd, RD, CDE, CDN, will provide RDNs a new solution-oriented perspective and pathway to transforming the health of populations of African descent, by helping them to better understand what a “healthy diet” is and celebrating the eating patterns and foods of their heritage. Barriers to health in African Americans, as well as effective communication and culinary tools to address these barriers, will be discussed.

Learning Objectives:

After completing this continuing education course, nutrition professionals should be able to:

1. Describe the prevalence of diet-related chronic diseases in African Americans and identify barriers to achieving better health and nutrition outcomes in people of African heritage.
2. Classify healthful foods from across the African diaspora that make up African Heritage Diets.
3. Reframe nutrition education programming in a way that is culturally relevant to participants.

How to Join the Webinar

1. Go to <https://goto.webcasts.com/starthere.jsp?ei=1238469>.
2. Log in with the e-mail address you used during registration.
3. Unmute your computer speakers or mobile device if necessary.

Handouts

A copy of the presentation slideshow will be available to download during the webinar in the live presentation viewer under the “Event Resources” tab.

Call **877-925-CELL (2355)** Monday through Friday from 9 am to 5 pm ET or e-mail ce@gvpub.com with any questions.



System Requirements

Operating System	Internet Browser	Media Playback	Audio
PC-based attendees: Windows® 10, Windows 8.1+Pro, Windows 7	Google Chrome 60+, Internet Explorer 11+, Firefox 55+, Safari 10+, Edge Browser	HTML5 streaming enabled browser	Audio must be streamed through computer speakers or mobile device.
Macintosh®-based attendees: Mac OS® X 10.10+		Apple iOS http streaming enabled browser	We recommend using Firefox or Google Chrome for optimal experience.
Mobile attendees: Apple iOS 10+ or Android 4.4+		Android http streaming enabled browser	

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Credit Claiming: You must complete a brief evaluation of the program in order to claim your credits and download your certificate. The evaluation will be available immediately following the presentation on www.CE.TodaysDietitian.com. Evaluations must be submitted within 1 year of the live program in order to obtain credit. You do not need to complete the evaluation on April 17, 2019.

Credit Claiming Instructions:

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