

Exclusive Webinar Presentation

Applying Nutrigenomics in Clinical Practice: THE NUTS AND BOLTS

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Presented by Sheila Dean, DSc, RDN, LDN, CCN, CDE, IFMCP on Tuesday, June 26, 2018 from 2:00-3:00pm ET

Date: Tuesday, June 26, 2018

Time: 2-3 pm Eastern Time (ET)

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Suggested CDR Learning Needs Codes: 2000, 2050, 5000, 5410; Level 1

Performance Indicators: 4.1.1; 4.1.2; 4.1.4

Nutritional Genomics is a complex and necessary part of our work in nutrition. RDs can no longer choose to exclude this knowledge if they want to practice effective integrative and functional nutrition. This presentation by **Sheila Dean, DSc, RDN, LDN, CCN, CDE, IFMCP**, is an overview of what nutrigenomics entails and provides several common examples of how unique genes affect nutritional needs and how specific nutrients modulate genetic expression. The nutrigenetic testing landscape will also be discussed, and attendees will leave with a more thorough understanding of potential clinical implementations.

Learning Objectives:

After completing this continuing education course, nutrition professionals should be able to:

1. Define nutritional genomics to the extent that it is understood at this time
2. Identify how unique genes affect nutritional needs
3. Identify how food affects the way unique genes express themselves
4. Review a case study to see nutrigenomics in action

How to Join the Webinar

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Handouts

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