

## **TODAY'S DIETITIAN MAGAZINE THANKSGIVING 2016 SWEEPSTAKES**

### **SWEEPSTAKES OFFICIAL RULES**

NO PURCHASE NECESSARY TO ENTER OR WIN. A PURCHASE WILL NOT IMPROVE YOUR CHANCES OF WINNING.

ODDS OF WINNING WILL DEPEND ON THE TOTAL NUMBER OF ELIGIBLE ENTRIES RECEIVED. APPROXIMATE ODDS OF WINNING ARE 1 IN 50. VOID WHERE PROHIBITED BY LAW. AFFIDAVIT OF ELIGIBILITY/RELEASE OF LIABILITY/PUBLICITY RELEASE MAY BE REQUIRED.

1. **Acceptance of Rules.** By entering the *Today's Dietitian* Magazine Thanksgiving 2016 Sweepstakes (the "Sweepstakes"), you hereby accept and agree to these official rules (the "Rules"). You agree that submission of an entry in the Sweepstakes constitutes agreement to these Rules, which form a binding legal agreement between you and *Today's Dietitian* Magazine and its publisher, Great Valley Publishing Company, Inc. ("GVP").

2. **Eligibility.** The Sweepstakes is open to individuals who are (i) at least 18 years of age (or the age of majority in the jurisdiction of their residence, whichever is older) as of November 23, 2016 and (ii) legal residents of the 50 United States or District of Columbia. Sweepstakes is void outside the United States and District of Columbia and wherever prohibited by law. Authors, contributors and advisors to *Today's Dietitian* Magazine and employees of GVP, as well as the immediate family (spouse, parents, siblings, and children) and household members of each such individual are not eligible. The Sweepstakes is subject to federal, state, and local laws and regulations and is void in Puerto Rico, Canada and where prohibited.

3. **Sponsor.** The Sweepstakes is sponsored by *Today's Dietitian* Magazine and its publisher, GVP, with a business address of 3801 Schuylkill Road, Spring City, Pennsylvania 19475 and business phone of (610)948-9500. Any questions, comments or complaints regarding the Sweepstakes should be directed to *Today's Dietitian* Magazine.

4. **Entry Period.** The Sweepstakes begins on November 23, 2016 at 12:01 am ET and will be open for entries until November 30, 2016 at 11:59 pm ET (the "Entry Period"). The computer clock of *Today's Dietitian* Magazine is the official time-keeping device for the Sweepstakes. Entries that are submitted before or after the Entry Period will be disqualified.

5. **How to Enter:** There are two (2) ways to enter during the Entry Period:

i. **Today's Dietitian Coupon.** Utilize the THANKS25 coupon at <https://ce.todaysdietitian.com> prior to the end of the Entry Period.

ii. **Email.** Send an email with a subject line of "**Today's Dietitian** Thanksgiving 2016 Sweepstakes" containing the following information to [contests@gvpub.com](mailto:contests@gvpub.com): first name; last name; phone number; email address.

All entries, whether by survey response or email as described above, must be received with all required elements by no later than November 30, 2016 at 11:59 pm ET.

Limit one (1) entry per person for the duration of the Entry Period regardless of method of entry. Any entries attempted through the use of agencies or robotic, repetitive, automatic, programmed, or similar methods will be void. Entries become the property of GVP and will not be acknowledged.

6. **Release of Submissions and Publicity.** All entries become the property of **Today's Dietitian** Magazine and GVP. By submitting an entry, you grant **Today's Dietitian** Magazine and GVP an irrevocable, perpetual, worldwide non-exclusive license to reproduce, distribute, display, and create derivative works of all or any portion of the entry in any media now or hereafter known in association with the Sweepstakes, for promotion of **Today's Dietitian** Magazine, and/or for future promotional or marketing materials without attribution or compensation to you or your successors or assigns, or any other entity. Additionally, by entering, each entrant consents to **Today's Dietitian** Magazine use of his or her name, likeness, voice, opinions, biographical information, and state of residence for promotional purposes in any media. **Today's Dietitian** Magazine and/or GVP will not be required to pay any additional consideration or seek any additional approval in connection with such use. Further, by entering the Sweepstakes, entrants agree to participate in any media or promotional activity resulting from the Sweepstakes as reasonably requested by **Today's Dietitian** Magazine and consent to use of their name and/or likeness by **Today's Dietitian** Magazine.

7. **Prize, Estimated Retail Value.** One (1) Grand Prize Winner will receive one (1) copy of Dr. Jo Lichten's book **REBOOT: How To Power Up Your Energy, Focus, and Productivity** + a 12 CEU online examination (the "Grand Prize"). The Approximate Retail Value of ("ARV") of the Grand Prize is One Hundred US Dollars (\$100.00). The Grand Prize is not transferable without the written consent of **Today's Dietitian** and GVP, and may be substituted at the discretion of **Today's Dietitian** Magazine and GVP.

Winner is solely responsible for any costs or expenses in connection with the prizes not expressly described herein as being awarded including, without limitation, the following:

federal, state or local taxes or any other taxes, fees or surcharges arising from the acceptance or use of the prize.

8. **Winner Selection.** On or about December 2, 2016, *Today's Dietitian* Magazine will select one (1) potential Grand Prize winner in a random drawing of all entries received. The odds of being selected depend on the number of entries received. All eligible entrants will have an equal chance of winning. *Today's Dietitian* Magazine will attempt to notify the potential Grand Prize winner as described in Section 9 below within five (5) days of the drawing.

9. **Winner Notification.** The Grand Prize winner will be notified by phone and/or email provided on or before December 2, 2016. *Today's Dietitian* Magazine and GVP have no liability for any potential prize winner notification that is lost, intercepted or not received by any potential prize winner for any reason. If, despite reasonable efforts, any potential Grand Prize winner does not respond within five (5) days of the first notification attempt, or if the prize notification is returned as unclaimed or undeliverable to such potential Grand Prize winner, such potential Grand Prize winner will forfeit his or her prize and an alternate Grand Prize winner may be selected. The alternate Grand Prize winner will be selected via a random drawing of all remaining eligible entrants. If any potential prize winner is found to be ineligible, or if he or she has not complied with these Rules or declines a prize for any reason prior to award, such potential prize winner will be disqualified and an alternate prize winner may be selected.

The Grand Prize winner may be announced on the *Today's Dietitian* Magazine website [www.todaysdietitian.com](http://www.todaysdietitian.com) and on Twitter via @TodaysDietitian.

10. **Requirements of Potential Winners.** A potential Grand Prize winner may be required to complete and return an affidavit of eligibility and liability/publicity release (the "Affidavit/Release") within five (5) days of being notified. If a potential winner fails to sign and return the Affidavit/Release within the required time period, he or she will be disqualified and an alternate entrant may be selected in his or her place in a random drawing of all remaining eligible entrants.

11. **Privacy.** All information submitted by entrants in the Sweepstakes will be treated according to *Today's Dietitian* Magazine's Privacy Policy, available at <http://gvpub.com/privacystatement.html>.

12. **General Conditions.** In the event that the operation, security, or administration of the Sweepstakes is impaired in any way for any reason, including, but not limited to fraud, virus, or other technical problem, *Today's Dietitian* Magazine may, in its sole discretion, either (a) suspend the Sweepstakes to address the impairment and then resume the Sweepstakes in a manner that best conforms to the spirit of these Rules or (b) award the Grand Prize at random from among the eligible entries received

up to the time of the impairment. **Today's Dietitian** Magazine reserves the right in its sole discretion to disqualify any individual it finds to be tampering with the entry process or the operation of the Sweepstakes or to be acting in violation of these Rules or in an unsportsmanlike or disruptive manner.

Any attempt by any person to undermine the legitimate operation of the Sweepstakes may be a violation of criminal and civil law, and, should such an attempt be made, **Today's Dietitian** Magazine reserves the right to seek damages from any such person to the fullest extent permitted by law. Failure by **Today's Dietitian** Magazine to enforce any provision of these Rules shall not constitute a waiver of that provision. In the event of a dispute as to any online entry, the authorized account holder of the email address used to enter will be deemed to be the participant. The "authorized account holder" is the natural person who is assigned to an email address by an Internet access provider, online service provider, or other organization responsible for assigning email addresses for the domain associated with the submitted email address.

13. **Release and Limitation of Liability.** By participating in the Sweepstakes, entrants agree to release and hold harmless **Today's Dietitian** Magazine and its publisher, GVP, and their affiliates and each of their respective shareholders, officers, directors, employees, members, successors, assigns, and agents (the "Released Parties"), to the greatest extent permitted by law, from and against any claim or cause of action arising out of or related to participation in the Sweepstakes or receipt or use of any prize, including, but not limited to: (i) any technical errors that may prevent an entrant from submitting an entry; (ii) unauthorized human intervention in the Sweepstakes; (iii) typographical errors; (iv) misdirected or undeliverable email; (v) errors in the administration of the Sweepstakes or the processing of entries; or (vi) injury, death, or damage to persons or property which may be caused, directly or indirectly, in whole or in part, from entrant's participation in the Sweepstakes or receipt of any prize. Entrant further agrees that in any cause of action, the Released Parties' liability will be limited to the cost of entering and participating in the Sweepstakes, and in no event shall the Released Parties be liable for attorney's fees. Entrant waives the right to claim any damages whatsoever, including, but not limited to, punitive, consequential, direct, or indirect damages.

14. **Dispute Resolution.** Except where prohibited, entrant agrees that any and all disputes, claims and causes of action arising out of, or connected with, the Sweepstakes or any prize awarded shall be resolved individually, without resort to any form of class action, and exclusively by a court of proper jurisdiction in the Commonwealth of Pennsylvania. All issues and questions concerning the construction, validity, interpretation and enforceability of these Rules, entrant's rights and obligations, or the rights and obligations of **Today's Dietitian** Magazine and its publisher, GVP, in connection with the Sweepstakes, shall be governed by, and construed in accordance

with, the laws of the Commonwealth of Pennsylvania, without giving effect to any choice of law or conflict of law rules which would cause the application of the laws of any jurisdiction other than the Commonwealth of Pennsylvania.

15. **Sweepstakes Results.** To request the name of the Sweepstakes winner, send a self-addressed, stamped envelope to ***Today's Dietitian*** Thanksgiving 2016 Sweepstakes, 3801 Schuylkill Road, Spring City, Pennsylvania 19475. Requests must be received within four (4) weeks of the end of the Entry Period.